New VISTA and Event Updates!
August 2018

Spotlight
Meet Our New VISTA: Jessie Havens

As the Capacity Building VISTA, Jessie’s role is to expand support to multiple regional afterschool networks across New York State. Additionally, Jessie will be assisting with our membership, professional development opportunities, and connecting providers with the Child and Adult Care Food Program (CACFP) for them to receive reimbursements for serving healthy suppers and snacks afterschool.

She holds a Bachelor of Arts in Sociology with a minor in Criminal Justice from Siena College. During her four years at Siena, Jessie was a Community Policy Institute Fellow in the college’s office of Academic Community Engagement.

You can reach Jessie at capacity@networkforyouthsuccess.org.

Long Island Training Institute
Long Island Providers-- join us on Saturday, September 22th from 9:00 AM - 4:00 PM at the Child Care Council of Nassau for a day of learning! Topics at the Long Island Training Institute will include STEM activities, engineering design, program quality improvement, and family engagement!

Throughout the day's four 90-minute sessions, frontline staff can earn six training hours on four afterschool topics for $99 per person (lunch included)! This will be a practical, hands-on day of learning focused on school-age settings (K-8th). This day of training may qualify for EIP funding.

Register Online Now* or visit our website for more details.

How does your afterschool program make a difference in the lives of young people?
Tell Us How!

The Ralph C. Wilson, Jr. Foundation is interested in learning more about afterschool programs in your area to better inform its grant-making. The foundation has asked Grand Valley State University to conduct a survey of afterschool programs to better understand the afterschool landscape and where funding is most needed. Can you help? Taking the survey is easy and will only take about 15 minutes of your time!

What kinds of questions will be asked?

- What geography is served by your program(s)?
- Who are the youth your program(s) reaches?
- What is special and unique about the youth you currently serve?
- When are your programs offered?
- What are the activities and outcomes of your program(s)? What aspects of your work need more support?

What can I do to make sure my organization is included?

Please schedule your interview today by following this link! Your work is important, and we want your afterschool programs to be included!

Questions? Want a copy of the results?
Contact Dr. Aaron Van Oosterhout, Research Manager, at (616) 331-9030 or vanoosaa@gvsu.edu.

Thank you in advance for your help!
Resource
Why Teens Should Understand Their Own Brains (And Why Their Teachers Should, Too!)

Sarah-Jayne Blakemore’s new book, “Inventing Ourselves, The Secret Life of the Teenage Brain,” gives insight on how young adults think and why it is important to know the teenage brain in an education context. Blakemore asserts that educators and adolescents can learn a lot from how the brain continues to change in teenage years.

According to Blakemore, one important factor that educators should be looking at is sleep. During adolescence there is a shift in the body that makes teenagers feel tired later than they would in childhood or adulthood. This is also accompanied by adolescents feeling more tired in the morning than at other stages in life. Blakemore makes note that this has implications for school start times, but that it is difficult to change these from a societal and political standpoint. However, Blakemore asserts that it is important to still be aware of these changes in the brain and that teenagers should be made aware of it. Adding understanding of the teenage brain to the education curriculum can allow for adolescents understand how they are changing and what that means.

Another important factor of the teenage brain is that teenagers are at increased vulnerability to mental illness. The brain is especially influenced by the environment at this stage and is sensitive to social interaction. Blakemore explains that this is why peers and friends are so important to teenagers and why they are more likely to be influenced by them. Adding mental health to an educational curriculum can have positive effects on youth. Increased awareness about mental health issues and risks of bullying can lead to reduced
instances of bullying and social exclusion, making the educational environment less damaging to the teenage brain.

Click here for the full article.

### Upcoming Events

**8/8-8/9: Through My Window FREE Training, Massachusetts**

Engineering curriculum Through My Window is excited to be hosting a FREE, in-person workshop for formal and informal educators who work with grades 4-8. Through My Window is a free, NSF-funded multimedia engineering curriculum for grades 4-8. The training will cover all of the Through My Window curriculum resources, including the novels, companion websites, and offline enrichment activities. Participants will leave prepared to implement in their classroom or site. The hands-on interactive training will include plenty of time for participants to explore curriculum components and learn more about engineering education. Participants will be awarded 14 PDPs for this two day training. The training will be held in Springfield, Massachusetts on August 8th and 9th, 9 am - 4:30 pm with breakfast and lunch provided on both days. You can apply here!

**8/16: Rochester Terra Fairs Fellowship**

Join Terra Science and Education Foundation at RMSC for a catered lunch and training on STEM Wizard. Network with other educators supporting your local Terra Regional Science & Engineering Fair while learning how to better support student projects year round. Click here for more information!

**8/22- 8/23: 12th Annual Games in Education Symposium, Capital Region**

The Games in Education Symposium is a two-day event focusing on the use of games and technology to supplement and inspire education in the classroom. Participants span early childhood through post secondary educators in New York’s Capital District and surrounding regions who are interested in finding ways to use video games, tabletop games, and related technology to enrich and inspire interest by students in core curriculum topics. More information can be found here!

**9/11- 12/18: Distance Learning SAC Credential I Prep Course**

The Network offers an alternative way to gain and document skills to earn your SAC Credential if you don't live near a Host Agency that offers face-to-face classes. SACC Prep I covers Skill Areas 1-7 and helps you prepare your Portfolio and Resource File as well as share, discuss, and learn from colleagues throughout the state about the value, purpose, and process of your work. For more information and to apply for the course, go to: http://networkforyouthsuccess.org/credential/distance-learning/

**9/22: 2018 Long Island Training Institute**

Join the Network for Youth Success for a day of training! Earn 6 training hours across four topics! Lunch will be provided. This training is recommended for front-line staff in afterschool, summer, and expanded learning settings and will be held at the Child Care Council of Nassau. Visit our website for more details.

**9/26: New York State SAC Credential Classes Begin, Capital Region**
The Network, in partnership with the Capital District YMCA, will be offering SAC Credential classes this fall. Classes will be held at the North Albany YMCA on Wednesday nights from 6:30-9:30 PM. For more information, please contact: Alicia Salamone-Powers asalamonepowers@cdymca.org 518.463.9622 x 1320.

10/25-10/26: 48th Annual Youth Development Training Conference, Tarrytown, NY
The Association of Youth Bureaus and The Coalition for Homeless Youth invite youth professionals to attend their Annual Youth Development Training Conference. The training conference will focus on issues and initiatives supporting positive youth development, runaway and homeless youth, and afterschool programs and services. The conference offers colleagues the opportunity to share best/promising practices, learn skill sets to assist youth in achieving their goals, and hear updates on federal, state, and local issues and initiatives impacting the youth development field. More information can be found here.

11/10: Rochester Training Institute, Rochester
Our Rochester Training Institute is returning and will take place Saturday, November 10th, 2018. For more information, please click here!

11/12-11/14: Summer Changes Everything, Missouri
Join hundreds of summer learning and expanded opportunity leaders on November 12-14 in Kansas City, MO for National Summer Learning Association's annual conference devoted entirely to summer learning. What to expect? The nation's top summer time leaders from across the country sharing and discussing effective learning approaches, systems building, program planning, policies, and ways to advocate for our nation's children. More information and registration can be found here!

3/5-3/18: National AfterSchool Association Convention
Join our community for four days of networking, learning, and inspiration.

3/16: Terra Science and Engineering Fair
Whether you want to explore Cassini’s adventures around Saturn, test water quality in a local creek, or design an app to prep for your next exam, the Terra Northeast Regional Science & Engineering Fair (TNRSEF) enables you to ask questions and find answers! Students in grades 6-12 can come to SUNY Geneseo in March to celebrate all s/he has learned and perhaps even earn an award. More information can be found here.

5/10-5/11: Network for Youth Success Annual Conference, Saratoga Springs
Save the Date! Back by popular demand for one more year in Saratoga Springs! Stay tuned for more information!

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Address postal inquiries to:
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