

CACFP Success Story Spotlight!

2 messages

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To: Jessie Havens <capacity@networkforyouthsuccess.org>

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CACFP Success Story Spotlight!August 2018



Spotlight

Kips Bay Boys & Girls Club | Bronx, New York

When Kips Bay Boys & Girls Club enrolled in CACFP in 2005, they had no second thoughts; providing healthy afterschool meals aligned perfectly with their mission to serve the educational and developmental needs of young people. Director of Operations, Jaynemarie Enyonam Angbah, explains, "In order for children to function academically and in life, they need access to healthy food."

Many of the children that attend the Club's programs struggle with food insecurity, and may not have access to three healthy meals a day. Through CACFP, the Club can provide a hot meal and a snack during their afterschool programs. They work with a food vendor, Red Rabbit, which delivers refrigerated meals daily. Program staff then heat and serve them to youth in their enrichment

programs. The meals are healthy and varied, allowing children the opportunity to experience new foods and enjoy favorites like rice, chicken, tacos, and other healthy food options.

CACFP has benefitted Kips Bay Boys & Girls Club in a number of ways. It helps offset the high cost of food, allowing the Club to serve around 600 meals each day, and it enhances the nutritional quality of the meals and snacks served. Angbah explains, "[CACFP] enabled us to focus on a healthy program. We want to make sure we are serving food that is healthy for our children [and] allows them to live well.



CACFP has clear meal requirements to ensure we are serving the nutritious meals kids need." She also sees connections between afterschool nutrition and broader health outcomes for families, saying, "There are conversations about obesity and diabetes being connected to the foods we eat. We need to give our children and families options to think about foods to incorporate in their regular diets."

Angbah encourages other afterschool providers to enroll in CACFP as "it a rare gift and opportunity to serve children and families." To learn more about serving afterschool meals through CACFP, visit

How does your afterschool program make a difference in the lives of young people?

Tell Us How!

The Ralph C. Wilson, Jr. Foundation is interested in learning more about afterschool programs in your area to better inform its grant-making. The foundation has asked Grand Valley State University to conduct a survey of afterschool programs to better understand the afterschool landscape and where funding is most needed. Can you help? Taking the survey is easy and will only take about 15 minutes of your time!



What kinds of questions will be asked?

- What geography is served by your program(s)?
- Who are the youth your program(s) reaches?
- What is special and unique about the youth you currently serve?
- When are your programs offered?
- What are the activities and outcomes of your program(s)? What aspects of your work need more support?



What can I do to make sure my organization is included?

Please schedule your interview today by following this <u>link!</u> Your work is important, and we want your afterschool programs to be included!

Questions? Want a copy of the results? Contact Dr. Aaron Van Oosterhout, Research Manager, at (616) 331-9030 or vanoosaa@gvsu.edu.

Thank you in advance for your help!

Resource

AmeriCorps National Civilian Community Corps Program

AmeriCorps National Civilian Community Corps (NCCC) is a full time, team based, national service program that serves non-profit organizations, tribal nations, and federal, state, and local agencies

across the United States. These teams consist of 8-10 members that serve organizations on projects typically lasting 6-8 weeks.

Members have served on many projects with various organizations such as the Boys and Girls Club, Habitat for Humanity, YMCA, Girl Scouts, local schools, the United Way, and many other nonprofit organizations. NCCC teams have built and refurbished homes for low-income citizens, supported after-school programs, maintained trails, organized activities for youth, constructed wheelchair ramps, assembled playgrounds, developed recycling programs, and much more.

If NCCC is a program your organization may be interested in visit <u>this link</u> with more information and how to apply. You can also reach out to Anna C. Yeagle the Assistant Program Director for AmeriCorps National

A VCCC

Civilian Community Corps (NCCC) at 319-472-9664 x20 or by email at AYeagle@cns.gov.

Long Island Training Insitute

Long Island Providers-- join us on Saturday, September 22th from 9:00 AM - 4:00 PM at the Child

Care Council of Nassau for a day of learning! Topics at the Long Island Training Institute will include STEM activities, engineering design, program quality improvement, and family engagement!

Throughout the day's four 90-minute sessions, frontline staff can earn six training hours on four afterschool topics for \$99 per person (lunch included)! This will be a practical, hands-on day of learning focused on school-age settings (K-8th). This day of training may qualify for EIP funding.

Register Online Now* or visit our website for more details.



Interested in advancing in the school-age field?

Need the qualifications to become a Site Director?

EARN YOUR SCHOOL-AGE CREDENTIAL TODAY

















Upcoming Events

9/11- 12/18: Distance Learning SAC Credential I Prep Course

The Network offers an alternative way to gain and document skills to earn your <u>SAC Credential</u> if you don't live near a Host Agency that offers face-to-face classes. SACC Prep I covers Skill Areas 1-7 and helps you prepare your Portfolio and Resource File as well as share, discuss, and learn from colleagues throughout the state about the value, purpose, and process of your work. For more information and to apply for the course, go to: http://networkforyouthsuccess.org/credential/distance-learning/

9/22: 2018 Long Island Training Institute

Join the Network for Youth Success for a day of training! Earn 6 training hours across four topics! Lunch will be provided. This training is recommended for front-line staff in afterschool, summer, and expanded learning settings and will be held at the Child Care Council of Nassau. <u>Visit our website</u> for more details.

9/26: New York State SAC Credential Classes Begin, Capital Region

The Network, in partnership with the Capital District YMCA, will be offering <u>SAC Credential</u> classes this fall. Classes will be held at the North Albany YMCA on Wednesday nights from 6:30-9:30 PM. For more information, please contact: Alicia Salamone-Powers <u>asalamonepowers@cdymca.org</u> 518.463.9622 x 1320.

10/17-10/19: Community Schools Fundamentals Conference, New York City, NY

Children's Aid National Center for Community Schools presents the Community Schools Fundamentals Conference, a three-day seminar designed specifically for those new or relatively new to community schools. The Fundamentals Conference will share CA's lessons learned from over 25 years of implementation in New York City and capacity building across the country and beyond. In addition to conducting a study visit to a CA community school, participants will learn about the foundations and the "nuts and bolts" of the strategy. For more information and to registe, follow this link!

10/25: Lights On Afterschool, Nationwide

One million Americans will celebrate afterschool programs at 8,000 events nationwide. It's time for Lights On Afterschool! Registration for the 19th annual nationwide rally for afterschool is open. Thursday, October 25, 2018 is a golden opportunity to make sure parents, policymakers, and communities understand the impact of afterschool programs in keeping kids safe, inspiring them to learn, and giving families peace of mind. The event planning kit has all the tools you need to help generate press coverage, excite the community, and inspire policymakers to invest in afterschool. Register today!

10/25-10/26: 48th Annual Youth Development Training Conference, Tarrytown, NY

The Association of Youth Bureaus and The Coalition for Homeless Youth invite youth professionals to attend their Annual Youth Development Training Conference. The training conference will focus on issues and initiatives supporting positive youth development, runaway and homeless youth, and afterschool programs and services. The conference offers colleagues the opportunity to share best/promising practices, learn skill sets to assist youth in achieving their goals, and hear updates on federal, state, and local issues and initiatives impacting the youth development field. More information can be found here.



11/10: Rochester Training Institute, Rochester

Our Rochester Training Institute is returning and will take place Saturday, November 10th, 2018. For more information, please click <u>here!</u>

11/12-11/14: Summer Changes Everything, Missouri

Join hundreds of summer learning and expanded opportunity leaders on November 12-14 in Kansas City, MO for National Summer Learning Association's annual conference devoted entirely to summer learning. What to expect? The nation's top summer time leaders from across the country sharing and discussing effective learning approaches, systems building, program planning, policies, and ways to advocate for our nation's children. More information and registration can be found here!

3/5-3/18: National AfterSchool Association Convention, New York, New York

Join our commmunity for four days of networking, learning, and inspiration. For more information follow this link.

3/16: Terra Science and Engineering Fair

Whether you want to explore Cassini's adventures around Saturn, test water quality in a local creek, or design an app to prep for your next exam, the Terra Northeast Regional Science & Engineering Fair (TNRSEF) enables you to ask questions and find answers! Students in grades 6-12 can come to SUNY Geneseo in March to celebrate all s/he has learned and perhaps even earn an award. More information can be found here.



5/10-5/11: Network for Youth Success Annual Conference, Saratoga Springs

Save the Date! Back by popular demand for one more year in Saratoga Springs! Click <u>here</u> for more information!

Follow Us!









Remove my name from all future mass email communications.

Address postal inquiries to: New York State Network for Youth Success, Inc. 415 River Street Troy, NY 12180

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Jessie Havens <capacity@networkforyouthsuccess.org>
To: "Yeagle, Anna" <AYeagle@cns.gov>

Tue, Aug 28, 2018 at 8:12 AM

Hi Anna,

Here is the newsletter with the NCCC information under 'resource.' Thanks!

Best,

Jessie Havens

[Quoted text hidden]

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Jessie Havens

Capacity Building AmeriCorps VISTA | New York State Network for Youth Success

Formerly: AfterSchool Works! NY: the New York State Afterschool Network (ASW:NYSAN) 415 River Street, 2nd Floor | Troy, NY 12180 & 81 Prospect St, 2nd Floor| Brooklyn, NY 11201 [t] 518.694.0660 [w] www.NetworkForYouthSuccess.org [e] capacity@networkforyouthsuccess.org [tw] @NYSYouthSuccess [fb] www.facebook.com/NetworkForYouthSuccess

Promoting young people's safety, learning, and healthy development beyond the traditional classroom



Registration for the Rochester Regional Training Institute is Now Open!

REGISTER HERE