

School's Out, Make it Count!

2 0 1 9 A n n u a l C o n f e r e n c e

May 10 & 11, 2019

Saratoga Springs, NY

NetworkForYouthSuccess.org

nys

NEW YORK STATE
NETWORK FOR
YOUTH SUCCESS

Session Schedule

FRIDAY, MAY 10

Registration/Vendors	8:00 – 9:30 AM
Speed Sessions	9:00 – 9:30 AM
Opening Session	9:45 – 10:00 AM
Session 1	10:15 – 11:45 AM
Lunch/Vendors	11:45 – 1:15 PM
Lunch & Learn	12:00 – 12:30 PM
Session 2	1:15 – 2:45 PM
Coffee Break / Networking	2:45 – 3:15 PM
Session 3	3:15 – 4:45 PM

SATURDAY, MAY 11

Registration/Vendors	8:00 – 9:30 AM
Speed Sessions	9:00 – 9:30 AM
Session 4	9:45 – 11:15 AM
Lunch/Vendors	11:15 – 12:30 PM
Lunch & Learn	11:45 – 12:15 PM
Session 5	12:30 – 2:00 PM
Session 6	2:15 – 3:45 PM
Awards & Closing	4:00 – 4:30 PM

See page 15 for information on the Executive Director Track

OCFS Topic Areas

- 1 Principles of childhood development
- 2 Nutrition and health needs of children
- 3 Child day care program development
- 4 Safety and security procedures
- 5 Business record maintenance and management
- 6 Child abuse and maltreatment identification and prevention
- 7 Statutes and regulations pertaining to child day care
- 8 Statutes and regulations pertaining to child abuse and maltreatment

Age Group

- E Elementary School
- M Middle School
- H High School
- A Adults

Staff Level

- FL Front Line
- S Supervisor
- ED Executive Director

Opening & Closing Sessions

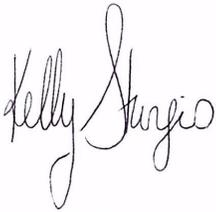
Friday 9:45-10:00 AM

Location: Good Shepherd Services/Change Impact Rooms

We are honored you chose to attend our 4th annual afterschool, summer, and expanded learning conference. At the NYS Network for Youth Success, we work to professionalize the field of afterschool and improve quality programming, and it is because of dedicated staff like yourself that we are seeing progress towards this goal.

Now, more than ever, professionals such as yourself are critical to ensuring our youth have a chance to reach their full potential. We hope you take the time to network and connect with the hundreds of other professionals that are attending this conference over the next two days.

Please join us for the opening session where you will hear more about the importance of your work as well as learn more about the Network and how we can support you.



Executive Director

Congress Room Sponsored by:



www.ChangeImpact.net

State Seal Room Sponsored by:



Saturday 4:00-4:30 PM

Location: Good Shepherd Services/Change Impact Rooms

Join us in recognizing excellent afterschool and expanded learning programs and staff members for their exemplary work in providing and promoting high quality youth development programs for New York's youth. For the first time ever, the Network will honor winners in four categories (see detailed descriptions below).

The Network for Youth Success QUALITY LEADERSHIP AWARD

The winner of this award:

- Has five or more years of experience in administration
- Understands the critical value of quality afterschool, summer, or expanded learning programs on developmental needs
- Has made significant contributions to the field.

Robert Monahan, The Greater Ridgewood Youth Council

Kim Haynes, New York Edge

The Network for Youth Success EXEMPLARY AWARD OF PROFESSIONALISM

The winner of this award:

- Has worked directly with youth for at least 2 years
- Has an inclusive understanding of developmental needs
- Is committed to professional growth.

Dr. Anna Morgan-Mullane, Children of Promise

Chelsea Martin, Native American Community Services

The Network for Youth Success PROGRAM AWARD OF EXCELLENCE AND INNOVATION

The winner of this award:

- Has operated for at least two years.
- Meets the highest standards of quality in the field.
- Implements programming with enriching activities.
- Incorporates collective strategies.

Children of Promise, NYC

New York Edge (MS 51), NYC

The Network for Youth Success CHAMPION AWARD

The winner of this award:

- Supports high-quality afterschool, summer, or expanded learning and development opportunities that support youth success in school, college, work, and life.
- Advocates at the state or national level.
- Collaborates to meet a statewide system of high-quality afterschool, summer, and other expanded learning opportunities for youth.

To be announced soon

Speed Sessions

Friday 9:00-9:30 AM

Training Opportunities

Location: Big Red

Topic: Program Quality Improvement
Age / Staff: E, M, H / FL, S, D
OCFS Area: 5

The Early Childhood Education and Training Program offers a number of training opportunities for the child care professional. Join us to hear about what we have to offer, how to access the programs, and answers to your training questions.

Presenters: Casey Becker, Senior Education Specialist/Producer, Professional Development Program
Sheri Dushane, Senior Education Specialist, Professional Development Program

Overcoming Gender Bias in STEM: The Effect of Adding the Arts (STEAM)

Location: Peerless

Topic: STEAM
Age / Staff: M, H / FL
OCFS Area: 3

Adding the Arts to the traditional STEM curriculum may capture the interest of students previously uninterested in STEM. A current study evaluated the impact of a STEAM course on female students' later pursuit of additional STEM courses when compared to female students who attended a traditional STEM course.

Presenter: Pessy Sloan, Assistant Professor, Daemen College

Let's Talk: Developing Emotional Intelligence and Critical Thinking Capacity

Location: Geysers

Topics: Social & Emotional Learning / Leadership / Diversity & Inclusion
Age / Staff: E, M, H / FL, S
OCFS Areas: 1, 3

Through conversation with others, we get to develop our capacity to understand the world and develop our self-worth. This workshop will explore how we can create a learning culture in our classroom, where children learn how to be in communication with others to develop their emotional intelligence and their critical thinking skills. We will introduce classroom facilitation techniques to keep children and youth in communication about world issues and things that matter to them most.

Presenters: Sonia Toldeo, President & CEO, Dignity of Children
Tinnycua Williams, Master Trainer, Dignity of Children

Annual Team Drone Challenges

Location: Skidmore

Topic: STEM
Age / Staff: M, H / FL, S
OCFS Area: 3

Join us for a discussion on how the CNY Drones Annual Team Drone Challenge is attracting students to the drone technology education and employment pipeline! Our low-cost, open, team drone challenge focuses on key elements simulating real-world situations using a 30'x60' netted indoor field. Each year, drone industry professionals, educators, college students, and drone enthusiasts create new themed components while keeping in mind the framework for Next Generation Science Standards.

Presenters: Lisa Marie Payne, Administrator, CNY Drones
Bob Payne, Co-Founder & Volunteer Coordinator, CNY Drones

Saturday 9:00-9:30 AM

Network for Youth Success Initiatives

Location: Change Impact Room

Topic: Quality Improvement
Age / Staff: E, M, H, A / FL, S
OCFS Area: 3

Learn how you can get more involved with the Network, and, most importantly, learn about our great quality initiatives, such as Accreditation and SAC Credentialing. We will also discuss the QSA tool and our Regional Networks.

Presenters: Kelly Sturgis, Executive Director, Network for Youth Success
Lynn M. Siebert, Executive Director of Childcare and Day Camp, Capital District YMCA

Trauma Informed Care and Behavior Management

Location: Good Shepherd Services Room

Topic: Guiding Behaviors
Age / Staff: E, M / FL, S
OCFS Area: 1

In this workshop we will explore ACES, adverse childhood experiences, by looking into ACE scores and determining how we as professionals can help heal our youth through proper behavior management and coping mechanisms. Activities will focus on active listening strategies as well as being able to spot the difference between behaviors linked to trauma and just negative behaviors.

Presenter: Jonathan Yetto, Site Director, Boys and Girls Clubs of Albany

Using the Pyramid Model Framework to Support Children's Early Social and Emotional Development in PreK and Kindergarten

Location: Big Red

Topics: Guiding Children's Behaviors / Social & Emotional Learning
Age / Staff: E / FL, S
OCFS Areas: 1, 3

In PreK and Kindergarten, social skills development is the foundation for success in all future years. Come learn about how the Pyramid Model can help you build children's social skills and help to prevent challenging behaviors before they start. This nationally recognized, evidence-based framework has been helping children, teachers, parents, and administrators have the skills they need to be successful in all settings. (The Pyramid Model is also called PBIS in schools.)

Presenter: Tami Callister, NYS Pyramid Model Master Cadre

Lunch & Learn

Friday 12:00-12:30 PM

SACC Regulations Overview

Location: Skidmore

Topics: Family Engagement / Guiding Children's Behaviors
Age / Staff: E, M / FL, S
OCFS Areas: 3, 4, 6

This workshop will present an overview of common regulatory issues in school-age programs and how to maintain compliance. Come prepared with questions to ask an expert from OCFS.

Presenters: *Christine Coons, Manager, Regional Office Support Unit, and Mark DeCicco, Supervisor, Regional Office Support Unit, NYS Office of Children and Family Services*

EIP 101: Are You Eligible For EIP Scholarships?

Location: Geysler

Topic: Program Quality Improvement
Age / Staff: E, M, H, A / FL, S
OCFS Area: 5

The Educational Incentive Program (EIP) is a scholarship program that helps child care providers pay for training and educational activities to build knowledge, skills, and competencies to improve the quality of child care in NYS. EIP pays for a variety of training types with 2019 maximum award amounts of up to: \$2,000 for college; \$1,250 for pre-approved credential trainings; \$1,100 for coaching; \$125 for classroom CPR/FA; and \$700 for trainings, workshops and conferences – just like this one! Come learn how EIP can help support you and your program!

Presenter: *Ally Buonanno, EIP Education Specialist, Professional Development Program*

Understanding ALICE: Asset Limited, Income Constrained, Employed New Yorkers

Location: Big Red

Topic: Advocacy
Age / Staff: A / ED
OCFS Area: 5

Despite an overall improvement in employment, the economic recovery in New York State has been uneven according to an updated report released by United Way of New York State. The 2018 ALICE Report details how 3.2 million NY households, cannot afford to meet basic needs and lack sufficient income and resources. The report provides a framework, language, and tools to measure and understand the struggles of a population called ALICE, a hardworking member of the community that earns above the federal poverty level, yet does not earn enough to afford a bare-bones household budget. Participants will gain knowledge of the ALICE population, how many of them are across NYS, and what the survival budget is.

Presenter: *Brenda Episcopo, President & CEO, United Way of New York State*

Saturday 11:45-12:15 PM

Hot Topics in State and Federal Afterschool Policy

Location: Geysler

Topic: Advocacy
Age / Staff: E, M, H, A / FL, S, D
OCFS Area: 5

Join the Network for Youth Success to learn about recent developments in policy and funding around afterschool, summer, and expanded learning programs on the state and federal levels. Get your questions answered and learn how you can get involved in future advocacy efforts!

Presenter: *Alli Lidie, Associate Executive Director, Network for Youth Success
Gertrude Morgan Dadzie, Policy Fellow, Network for Youth Success*

Getting Reimbursed for Serving Healthy Food with CACFP

Location: Skidmore

Topic: Program Quality Improvement
Age / Staff: E, M, H, / FL, S
OCFS Area: 2

Hunger does not stop when the school day ends. Keep your participants focused and energized by serving healthy foods afterschool! This session will give an overview of the Child and Adult Care Food Program (CACFP), reimbursement rates, eligibility requirements, and meal pattern components. This will be followed by an activity on how to create your own menus full of healthy recipes.

Presenter: *Jessie Havens, Capacity Building VISTA, Network for Youth Success*

Disconnected Youth- How Poverty Has Impacted The Brain

Location: Big Red

Topics: Social & Emotional Learning / Guiding Children's Behaviors
Age / Staff: M, H, / FL
OCFS Area: 3

For too many young people the transition to adulthood is characterized by isolation, joblessness, and lack of educational opportunity or connection to a caring community. Poverty holds a seemingly unbreakable grip on families, neighborhoods, cities, and entire countries. It stretches from one generation to the next, trapping individuals in socioeconomic pit that is nearly impossible to ascend. Part of the fuel of poverty's unending cycle is its suppressing effects on individuals cognitive development, executive functioning and attention.

Presenters: *Yocasta Jimenez, Founder/Director, Teens Under Construction, Inc.
Paul Glenn, Student Speaker, Teens Under Construction, Inc.*

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Saturday Lunch Sponsored by



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Put Some Culture into Your Program

Location: Change Impact Room

Topics: Diversity / Curriculum
Age / Staff: E / FL
OCFS Areas: 1, 3

Don't know how to incorporate culture into your program? Come learn how to add these experiences into your day-to-day programming. Participants will walk away with ideas on how to highlight culture, traditions, and how to include children in cultural learning.

Presenter: *Karen Parlapiano, Childcare Coordinator, Southern Saratoga YMCA*

Building Rube Goldberg Contraptions to Teach Creative Thinking

Location: Peerless

Topics: Program Quality Improvement / STEAM / Family Engagement
Age / Staff: E, M, H / FL, S, D
OCFS Areas: 1, 3

In this workshop, we will explore the best methods for implementing contraption building in your school program and how to use this activity to promote creative thinking and a "maker" mindset. A contraption, as characterized by Rube Goldberg's cartoons, is a complicated system of actions set up to perform a simple task. Join us for this fun filled session full of activities that you will be able to use immediately with your students.

Presenter: *Godwyn Morris, Director, Dazzling Discoveries*

A Bridge to School: Social Emotional Learning and Leadership in New York Edge After School

Location: Big Red

Topics: Social & Emotional Learning / Diversity / Family Engagement
Age / Staff: E, M, H / F, S, ED
OCFS Areas: 1, 3

This workshop explores how social-emotional learning (SEL) is more than a separate program, reflected in a number of areas in afterschool. The experience of six pilot sites at New York Edge in New York City are highlighted as part of an agency-wide initiative. The importance of SEL in such areas as leadership and service, academic enrichment, health, literacy, and the arts is demonstrated with an emphasis on the importance it plays in the learning and achievement of diverse students and families as well as the staff's own professional development and management of the afterschool setting.

Presenter: *Devin Thornburg, Professor of Education, New York Edge*

Leading With The Arts

Location: Skidmore

Topics: Arts / Social & Emotional Learning
Age / Staff: E, M, H / FL, S
OCFS Areas: 1, 3

During our art workshop, we will explore how we foster healthy communities and how we model and build effective leaders through the arts. The workshop is designed to engage all participants at all times and to experiment with the communication styles through creative art forms. We aim to build safe, creative spaces in part and at large for our youth artists. The passion for art forms and youth development will be explored as we go through activities as well as guiding principles necessary for effective art learning. Art builds self-confidence which invokes positive change in communities and will be a guiding force in our topics and discussion.

Presenters: *Michelle Durante, Director of Arts, New York Edge*
Michelle Back, Visual Arts Coordinator, New York Edge
Ydhelca Perez, Performing Arts Coordinator, New York Edge

Resilience Can Be Taught! 10 Tools to Motivate ANY Student

Location: Good Shepherd Services Room

Topics: Social & Emotional Learning / Program Improvement / Leadership Development
Age / Staff: E, M, H / FL, S, ED
OCFS Areas: 1, 3

Discover 10 tools to help you foster resilience in even the most unmotivated students. Once you understand them, you won't go another day without using them! Whether you work with students in one-on-one, small group, or classroom settings, you'll gain the skills you need to deliver the life-changing power of resilience to students of any background and learning style.

Presenter: *Christian Moore, Founder, WhyTry Organization*

School-Age Care: Challenges & Solutions

Location: Geysler

Topic: Leadership Development
Age / Staff: E, M, H / FL, S, ED
OCFS Area: 3

Using the NAA Code of Ethics to frame the discussion, participants will be encouraged to share challenges they find in their school-age programs and work in small groups to define potential solutions. Ways to maintain confidentiality, sensitivity, and respect for children, families, and colleagues will be shared.

Presenters: *Tracy Galuski, Associate Professor, Empire State College*
Arlene Rider, Assistant Professor, Empire State College

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Why Can't They Just Behave?

Location: Big Red

Topics: Social & Emotional Learning / Guiding Behaviors
Age / Staff: E, M, H / FL, S
OCFS Areas: 1, 3

A scan of what we know about trauma, poverty, and brain development will help us understand that a skillful and purposeful approach will be required to have a safe and supportive program environment. Five specific strategies will spark a discussion that will allow participants to share their own tips for helping young people learn to manage their behaviors. People working directly with students will leave with specific ideas to try out. Supervisors will take home slides and handouts to use for training staff.

Presenter: Jay Roscup, Regional Network Lead, Wayne MOST

Using Books to Foster Equity and Inclusion in Afterschool Programs

Location: Change Impact Room

Topics: Diversity & Inclusion / Literacy
Age / Staff: E / FL, S
OCFS Area: 3

Using Dr. Rudine Sims Bishop's concept of books as "Mirrors, Windows, and Sliding Glass Doors", we will discuss the current state of diversity, inclusion, and equity in children's literature and considerations for selecting and incorporating children's books into afterschool programming. We will also review best practices for sharing these books with youth in afterschool settings through interactive read-alouds and student-led book clubs, drawn from our experience implementing ExpandED Schools' Ready Readers and Rising Readers program models.

Presenters: Tarilyn Little, Program Manager, Ready Readers, ExpandED Schools
 Rachel Roseberry, Literacy Manager, ExpandED Schools

Building a Team through Gross Motor Activities

Location: Good Shepherd Services Room

Topics: Team Building / Program Quality Improvement
Age / Staff: E / FL, S
OCFS Areas: 1, 2, 3

This hands on workshop will have a few activities to demonstrate ways of building staff morale and camaraderie within your team through gross motor activities. It also will have some activities that show how gross motor activities are not only fun for children, but can build a sense of community and team among them, help some health and behavioral issues that can present during program, and keep them happy!

Presenter: Lauren Shafer, Program Manager, Boys and Girls Club of Albany

Developing an Active STEM Learning Environment

Location: Peerless

Topic: STEM
Age / Staff: E, M, H / FL
OCFS Area: 3

Experience how active STEM learning works in school-age environments. Participants will make and compare two substances in a "Tournament of Properties" to illustrate how common, fun "science" activities are not necessarily teaching science skills. This session will get messy, and you will have to think. Participants will also learn what puts the STEM learning in a hands-on activity.

Presenter: Timothy Fowler, Professional Development Director, Network for Youth Success

Arts 'n Crafts on a Budget

Location: Skidmore

Topic: Arts
Age / Staff: E / FL, S
OCFS Area: 3

Not sure what to make? Kids want crafts and you have a shoestring budget? I'll take to you through fun crafts with very little cost to your program. Recycled Rembrandts to creative crafters, I'll help you make pin-worthy crafts that all will enjoy.

Presenter: Karen Parlapiano, Childcare Coordinator, Southern Saratoga YMCA

Supervisory Capacity Building for Managers

Location: Geyser

Topics: Program Sustainability / Leadership
Age / Staff: E, M, H, / S
OCFS Area: 3

This training focuses on building participants' capacity to provide supervision to staff, in a way that leads to positive outcomes for youth. Supervision practices that will be discussed include: supporting staff to integrate youth development in their work, observation and assessment, collaboration with school partners, running effective staff meetings, 1:1 supervision, and the purposeful use of self. All participants will develop individual capacity building plans to help them fine-tune their own practice and enhance the design of their programs.

Presenters: Theodore Phillips, Lead Trainer and Consultant, Youth Development Institute
 Pardeice Powell McGoy, Director Youth Adult Initiatives, Youth Development Institute

Find Your Story - Then Change the Story!

Location: Change Impact Room

Topics: Social & Emotional Learning / Diversity & Inclusion / Guiding Children's Behaviors / Literacy

Age / Staff: E, M, H / FL, S

OCFS Areas: 1, 3

Children are shaped by the stories they hear, what they are told, and what they come to believe about themselves and the world around them. Using award winning multi-cultural wisdom stories, integrated into NYS standards and SEL benchmarks, we can help children find their stories. This process is especially effective with hard to teach and special needs youth. Using the nationally endorsed "Change the Story" game, we give students tools and a process to develop service-learning projects that will impact a critical problem affecting them, such as poverty, bullying, intolerance, environmental degradation, and elder neglect to name a few.

Presenter: *Ralph Singh, Founder and Chief Story Teller, Wisdom Thinkers Network*

It's SEL Time! Are You In or Are You Out?

Location: Big Red

Topic: Social & Emotional Learning

Age / Staff: E / FL, S

OCFS Areas: 1, 3

The workshop will offer Social-Emotional Learning strategies aligned with child developmental stages with the purpose of strengthening their self-confidence, ability to work in teams, understanding of their role and engagement in the school community and beyond. These strategies are developed on a continuum and built as a foundation to promote positive social-emotional development and as preparation to overcome challenges that come up in middle school years.

Presenters: *Amy Shebar, Deputy Director, COMPASS Elementary Programs
Marsha Allman, Deputy Director, COMPASS Elementary Programs*

Keeping it Moving - Exciting Activities and Games for Youth

Location: Good Shepherd Services Room

Topic: Physical Activities

Age / Staff: E, M / FL

OCFS Areas: 1, 3

Successful youth activities are challenging, engaging and fun. In this workshop, PAL (Police Athletic League) Recreation Specialist will share activities and games that combine interactivity and movement to teach youth academic concepts, practice skills, and have lots of fun.

Presenters: *Police Athletic League (PAL) Recreational Specialists*

Secret Message, Secret Math: CryptoClub

Location: Peerless

Topic: STEM

Age / Staff: E, M, H / FL

OCFS Area: 3

Explore the M in STEM with 4th-9th grade students. Cryptography uses math, problem-solving, critical thinking, history, and language arts - an exciting hook for applying and reinforcing math. Program features include encrypting, decrypting and cracking messages, games, treasure hunts, and a website devoted to cryptography. CryptoClub activities help build teamwork, confidence, mathematical and computational thinking, SEL competencies, and fun!

Presenter: *Carla Stough Huffman, Coordinator of Professional Development, GRASA Greater Rochester After School Alliance*

Next Gen Arts & Leadership: Shifting the Paradigm

Location: Skidmore

Topics: Social & Emotional Learning / Leadership Development

Age / Staff: H / FL, S

OCFS Area: 3

Youth programs can be a catalyst in the development of the next generation of managers, technicians, producers, and artists. Our programs advance career opportunities through experiences focused on professions behind the scenes in the performing arts and entertainment industries by connecting youth and industry professionals. In this workshop, participants will learn how to implement youth driven programming and events at their organizations that will engage the next generation of artists and arts administrators.

Presenters: *Yanira Gonzalez, Education Coordinator, Apollo Theater
Jason Steer, Education Manager, Apollo Theater*

Firing Up Your Front-liners

Location: Geyser

Topic: Leadership Development Professionals

Age / Staff: E, M / S

OCFS Area: 3

Create, Facilitate, and Inspire. Teach your front-liners to create and facilitate activities to engage and inspire your students. In this hands-on workshop, you will receive activities and tools to share with your front-liners to boost staff/student interaction, enhance activity engagement, and encourage learning. During this workshop you will receive activities to share with your team and tools on how use them.

Presenter: *Keyanna Murrill, Co-Founder, Backpacks and Binoculars*

By the time the school day ends, lunch is a distant memory and students may not be guaranteed an adequate and healthy meal at dinner time.

Afterschool programs can, and should, help!



The Child and Adult Care Food Program (CACFP) helps afterschool programs provide subsidized snacks and meals to youth and teenagers by providing reimbursements.

Throughout New York State, over 1,000 afterschool programs participate in the At-Risk Afterschool Snack and Supper Program, also known as CACFP.

New York State programs registered as School-Age Child Care (SACC) programs are required to follow the same CACFP guidelines for any snacks and meals served in afterschool programs as of June 1, 2015. Due to this alignment, getting reimbursements is easy.



Contact the NYS Department of Health, CACFP at cacfp@health.ny.gov with the subject line 'Outreach Coordinator'

Begin your enrollment today!

Visit www.AfterschoolMealsNY.org to find out more.

For more resources, visit www.NetworkforYouthSuccess.org/Child-Nutrition



**Good Shepherd
Services wishes
Network for Youth
Success
a successful
conference!**

Join the Power of 3:00 Campaign



The Power of 3:00 is the Network for Youth Success' public awareness campaign to educate New York citizens and their elected officials on the benefits of afterschool, summer, and expanded learning opportunities.

By joining the Power of 3:00 campaign, you will receive:

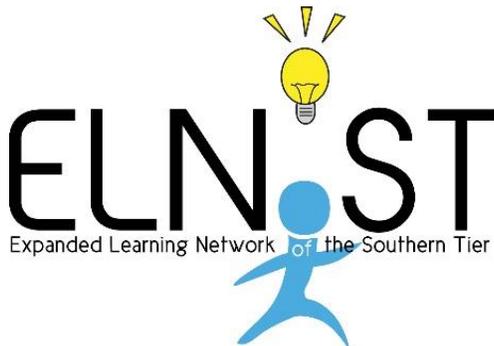
- Advocacy updates
- Action alerts
- Networking opportunities

NetworkForYouthSuccess.org/PowerOf3

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Recognizing and Responding to Mental Health Challenges in Afterschool Programs

Location: Good Shepherd Services Room

Topics: Social & Emotional Learning / Guiding Children's Behaviors
Age / Staff: E, M, H / FL, S
OCFS Area: 1

Afterschool staff are in a unique position to observe how young people behave in group settings, and how those young people respond to conflicts and challenges. These experiences are especially difficult for youth with mental health challenges, but can also be therapeutic. This workshop will provide participants with a basic review of how child and adolescent mental health issues can present in the out-of-school settings, and an opportunity to practice basic therapeutic skills to respond to mental health challenges and promote healthy development.

Presenters: *Nayla Khoury, Child Psychiatrist and Assistant Professor, SUNY Upstate Medical University*
Ryan D. Heath, Assistant Professor, Syracuse University School of Social Work

Global Citizenship Education in Afterschool Settings: Supporting Youth as Change-Makers

Location: Change Impact Room

Topics: Global Education / Diversity and Inclusion
Age / Staff: E, M, H / FL, S
OCFS Area: 3

According to Franklin Roosevelt, "We cannot always build the future for the youth, but we can build our youth for the future." This workshop explores the importance of global citizenship education and the opportunities to incorporate global themes into afterschool settings. We will examine how culture, resources, and environment impact global challenges, and the ways in which diverse populations develop solutions, exploring the universal connection across individuals, cultures, and continents. By providing opportunities for youth to participate in stimulating solution-oriented activities, afterschool programs can inspire youth to create change in their community and the world.

Presenter: *Marissa Munn, Director of Global Classroom, One To World*

Culture Building

Location: Peerless

Topics: Social & Emotional Learning / Diversity & Inclusion / Program Quality Improvement
Age / Staff: E, M, H / FL, S
OCFS Areas: 1, 3

The purpose of this workshop is to help our teachers get a better understanding of hip hop music's important voice in education and to identify the positive artists, producers, and sounds. In this session, you will be introduced to improvisation techniques, culture building activities, and access to an array of artists, playlists, and songs that support a classroom friendly learning environment. All instruments are welcome!! This workshop supports literacy, community building, music making, arts, and cultural relevance.

Presenter: *Rick Wagner, Founder / Lead Trainer, Project Gametime*

The Joy of Pretending: Dramatic Play and its Role in SEL and Physical Movement

Location: Skidmore

Topics: Social & Emotional Learning / Program Quality Improvement
Age / Staff: E, M, H / FL, S
OCFS Areas: 1, 3

Dramatic play provides space for developing imaginations, encouraging both independent and cooperative thinking, social awareness, perspective-sharing, and releasing emotions in a healthy and safe way. We know these benefits are available at any stage of life - just look at the number of Fortune 500 companies that are teaching improv to their staff! Come explore the use of dramatic play. Stay and recapture the joy of pretending. Leave with an abundance of free resources and the confidence to implement them in your programs.

Presenter: *Carla Stough Huffman, Coordinator of Professional Development, GRASA Greater Rochester AfterSchool Alliance*

Peer Learning: New Approaches to Professional Development

Location: Geyser

Topics: Program Quality Improvement / Advocacy / Leadership Development / Program Sustainability
Age / Staff: A / S, ED
OCFS Area: 5

Bring learning, growth, and development to your team with low- and no-cost techniques. Experience approaches to on-the-job learning that can help you and your team level-up together. Explore peer learning approaches as ways to turn daily work with youth into real opportunities for personal professional development and team cohesion. These approaches can be applied to coaching, staff meetings, problem-solving, and other situations related to running high-quality programs. Participants will focus on practicing techniques, giving them a chance to try these approaches out. Be prepared to talk about your real-world challenges and receive feedback with solutions for addressing them.

Presenter: *Timothy Fowler, Professional Development Director, Network for Youth Success*

The Secret To Youth Engagement

Location: Big Red

Topic: Youth Engagement
Age / Staff: E, M, H / FL
OCFS Areas: 1, 3

This session is for front line staff, youth case managers, career development specialists, teachers, and other youth staff. Come join us as we engage, explore, and discuss hands on/practical ways to engage youth from all backgrounds from the initial conversation while doing a group orientation. This session focuses on how to engage youth using practical ways. Youth ages 14-24 desire many things, but one thing they all want is to feel like they can trust you and you hear them and what matters. Attendees will be a part of the building engagement from ground zero while having fun.

Presenters: *Solomon McAuley, NextGen Specialist, Centralina Workforce Development Board*
Jeremy Wilson, Compliance Manager, Charlotte Works

A Different Literacy Lens – Using Social and Emotional Learning as a Focus for Literacy Before and After School and Beyond

Location: Big Red

Topics: Social & Emotional Learning / Literacy
Age / Staff: E, M, H / FL, S
OCFS Areas: 1, 3

Using the work of Pam Allyn and Dr. Ernest Morrell, participants will review and discuss how the combination of Literacy Skills, Engagement Strategies, and Social-Emotional Development Learning needs can positively impact student learning. Participants in this session will explore strategies for before and after school learning time that positively impact learning. Participants will identify and discuss the seven strengths needed for social and emotional development of children and review strategies that engage students during before and after school learning time that positively impact learning.

Presenter: *Mollie Henderson, Lead Literacy Specialist, Scholastic Education*

Creating Safe and Brave Spaces to Support Positive Youth Development

Location: Change Impact Room

Topics: Diversity & Inclusion / Guiding Children's Behaviors
Age / Staff: E, M, H / FL, S
OCFS Areas: 1, 3

Our first priority in positive youth development is to create a safe, inclusive space for learning, sharing, and collaboration that welcomes individuals from diverse backgrounds. We aim to support and nurture youth to explore, understand, and embrace all of the beautifully rich and complex aspects of themselves and to feel a sense of belonging in doing so. In this workshop we will share our initiative and how personal, and program-based strategies support safe and inclusive positive youth development spaces.

Presenters: *Alexa Maille, Youth Development STEM Specialist, New York State 4-H*
Nigel Gannon, Youth Development Healthy Living Specialist, New York State 4-H

No Jumping Jacks Required

Location: Good Shepherd Services Room

Topics: Physical Development / Summer Camp
Age / Staff: E / FL
OCFS Areas: 2, 3

No Jumping Jacks Required will introduce participants to physical activity, the benefits of physical activity, and the potential challenges when trying to incorporate physical activity. It will also give participants resources to facilitate activities within their programs such as GoNoodle, Animal Yoga, and Mindfulness Breathing exercises. Participants will be exposed to how physical activity can be linked with gross and fine motor development, along with literacy, and even math. Participants will also take a closer look at the nutrition of children today along with eat habits. This workshop will get participants up, moving around, and collaborating/interacting with each other. It is sure to be a FUN time!

Presenter: *Sara Honsberger, Education and Training Specialist, Child Care Resource Network*

Using Makerspace and STEAM Programs to Engage Students

Location: Peerless

Topics: STEAM / Program Sustainability / Program Improvement
Age / Staff: E, M / FL, S
OCFS Area: 3

Interested in creating your own makerspace? We will present the model of our makerspace and STEAM programming, with specific focus on our Maker Monday afterschool program and special events. We will address community involvement and engaging students. Come prepared to share your ideas and ask questions.

Presenters: *Linda Fasano, School Librarian/Makerspace Facilitator, Schalmont Middle School*
Kate Kruk, Schalmont Parent, GE Project Manager, Makerspace Facilitator, General Electric

The Excellence Project

Location: Geyser

Topics: Diversity & Inclusion / Social & Emotional Learning
Age / Staff: E, M / FL, S, D
OCFS Areas: 1, 3

This workshop explores how the academic and emotional support of elementary school-aged children, identified as gifted and talented, in an afterschool program, run by New York Edge, has been designed. In an effort to address the "excellence gap" in our schools, this innovative program has taken an academic enrichment curriculum, coupled with STEM projects and technology, and adapted them for use in the afterschool setting to engage, enrich, and motivate young scholars. The workshop will share and explore the strategies that have been found to be effective in supporting the children's development as well as supporting the parents and surrounding community being served. We will also delve into instructional activities, program modifications, assessments, and experiential workshops that exist in our problem-based learning environment.

Presenters: *Allison Jeffrey, STEM Educator, New York Edge*
Ashley Mabry, Youth and Family Support Mentor, New York Edge
Steve Fredericks, Executive Director, New York Edge
Bruce Virginia, Senior Education Specialist, New York Edge

Confident and Comfortable: Communicating and Conveying the Strength of the Afterschool Professional

Location: Skidmore

Topic: Leadership Development for Professionals
Age / Staff: E, M, H / FL, S
OCFS Area: 3

There are many teaching styles that can be effective in the classroom. Does your style suggest strength or struggle? Children will gravitate toward the strongest adult in their vicinity. Do you display the character traits that children perceive as adequate for their safety? Even your posture influences how children perceive your degree of leadership. Do children feel secure with you? Can they count on you to provide an environment free of ridicule from their peers? When children feel secure, they are more willing to comply. Come and experience ways to communicate and convey your leadership qualities to children.

Presenter: *Amy Huff, After School Coordinator, Native American Community Services*

Characteristics of Engagement: Influencing Strength-Based Youth Behavior

Location: Big Red

Topics: Guiding Children's Behaviors / Program Quality
Age / Staff: M, H / FL, S
OCFS Area: 1

Have you ever asked, "How do I get young people to stop disrupting my class and stop behaving negatively toward one another?" Well, this is your workshop. This interactive workshop is for those who spend more time handling challenging student behaviors than providing quality programming. This workshop will provide participants with tools necessary to create and maintain a learning environment that engages young people as willing participants in their own development. All young people will seek ways to meet their fundamental needs. Knowing what those needs are helps us to be more effective in engaging them as willing partners.

Presenters: *Thandor Miller, Program Manager, United Way of the National Capitol Area*
Syreeta Evans, Program Manager, United Way of the National Capitol Area

Writing for Social Justice

Location: Change Impact Room

Topic: Leadership Development for Professionals
Age / Staff: E, M / FL, S
OCFA Area: 3

Participants will have access to backing tracks (instrumentals), end rhymes, metaphors and similes for inspiration. We will identify song structures including the verse (bars), and chorus (hooks), as well as practice counting out the number of measures.

Presenter: *Rick Wagner, Founder / Lead Trainer, Project Gametime LLC*

Physical Activities for School-Age Children

Location: Good Shepherd Services Room

Topics: Physical Activities / Summer Camp
Age / Staff: E / FL, S
OCFS Areas: 3

This workshop is geared towards large and small group activities. These activities will be a variety of inside/outside, small or large space related games to play with children ages 5-11. Focus will be around getting creative and knowing your audience of kids and how to keep physical activities fun and engaging for the full activity time. Attendees should wear sneakers and comfortable clothing as this workshop is activity based with lots of moving.

Presenter: *Alysha Branch, Regional Child Care Director, Capital District YMCA*

Good to Great: Using the QSA Tool in Afterschool

Location: Peerless

Topic: Program Quality Improvement
Age / Staff: E, M, H / FL, S
OCFS Area: 3

Learn how to reflect on your practice and program with the Quality Self-Assessment (QSA), 3rd Edition. This workshop will introduce participants to the tool, including how to use it to promote continuous quality improvement. This session will include engaging activities to model key parts of the process.

Presenter: *Timothy Fowler, Professional Development Director, Network for Youth Success*

Art Exploration

Location: Skidmore

Topic: Art
Age / Staff: E, M, H / FL
OCFS Areas: 1, 3

Art is usually approached with a lot of reluctance and fear when it comes staff who have not been trained artistically. The goal of this workshop is to break that barrier and show the participants that everybody can create art. We will explore how art can be found in our everyday lives, we just have to be looking through the right lens to see it. This workshop will help the participant explore using basic materials to create visual arts that fit various themes.

Presenter: *Hamad Alghareeb, Pre-K Assistant Director, Boys & Girls Clubs of Albany*

Advancing our Leadership Skills by Advising Aspiring Leaders

Location: Geysler

Topics: Program Sustainability / Program Quality Improvement
Age / Staff: E, M / S, ED
OCFS Area: 5

Whether you are already an NYS SAC Credential Advisor or are thinking about it, this workshop is critical for you! We are creating a space where advanced professionals can share and exchange their leadership strategies in observation and coaching. Being an advisor will elevate your skills in problem solving and coaching afterschool professionals to demonstrate high-quality practices. This is a win-win for the afterschool field. As we develop ourselves, we develop other aspiring leaders. Come share your leadership and coaching strategies!

Presenters: *Tinnycua Williams, Master Trainer, Dignity of Children*

Executive Director Track*

Location: High Rock Room

Friday 10:15 - 11:45 AM

The DNA of a Highly Engaged Culture

A new study by Towers Watson found that 75% of change efforts fail. One of the primary reasons being that the context of organizational culture isn't considered. Brighter Strategies recently conducted a nonprofit culture study to explore the DNA of a highly engaged culture within this sector. During this workshop, we will discuss the DNA of a highly engaged culture, focus on the application to the nonprofit sector, and leave you with tools to proactively cultivate change within your organization.

Presenter: *Elizabeth Scott, PhD, Chief Executive Officer, Brighter Strategies, LLC*

Friday 1:15 - 2:45 PM

Finding Foundation Grants and Proposal Writing for Children and Youth

Are you new to the field of grantseeking? Do you need to update your fundraising skills? This workshop introduces afterschool professionals to private foundations and corporate giving. Discover what funders are looking for in nonprofits seeking grants and how to find potential funders. You will learn the 10 most important things you need to know about finding grants, including: Who funds nonprofits and what are their motivations, What do funders really want to know about the organizations they are interested in funding, and How to identify potential funders and make the first approach. The second half of the workshop will focus on proposal writing. Attendees will review the basics of what goes into a foundation project proposal and receive tips on the "do's" and "don'ts" of writing and submitting a proposal to a foundation.

Presenter: *Susan Shiroma, Senior Social Sector Librarian, Foundation Center*

Friday 3:15 - 4:45 PM

Train, Reengage & Keep Your Leaders

This session will focus on effective initial training, continued coaching, and the retention of your core team members. This session is focused on empowering the supervisor of supervisors, i.e. Executive Directors and Administrators. This session will also support supervisors in offering suggestions of support to their superiors to help their collective team be more effective or efficient. Attendees will leave with the ability to:

1. Have a constructive venting session, then resolve frustrations.
2. Build a repertoire of team building and retention activities.
3. Build a resource/reference binder and spreadsheets to get their team of new and experienced supervisors running programs on track.

Presenter: *JoAnna Rozier-Johnson, Director of Youth Services, Community Action Organization of WNY, Inc. Founder, JoRo Organizing*

Saturday 9:45 - 11:15 AM

YLEAD--Leadership Infusion Model

NY Edge's Y-LEAD program empowers youth to lead through a comprehensive model of leadership infusion. The process is informed by the tenets of social emotional learning, job-embedded coaching, and youth leadership infusion in all areas of programming. Through highly structured and tiered coaching, adults are given the tools to deliver a strong model of youth leadership. Y-LEAD is designed to teach, assess, and adjust to ensure that programs and youth are developing along a continuum of leadership and improvement. NYEdge has developed the model and will share every aspect of programming from inception to full-service, including: program, professional cohorts, learning communities, action research, youth advisory council and plans for replication.

Presenters: *Margie Baker, Director of Education, New York Edge
Carla Rosado, Program Manager, New York Edge*

Saturday 12:30 - 2:00 PM

Retention is Key to Building Our Workforce!

Because retention is a challenge in our field, it is crucial that we show a great deal of importance to the work our youth workers do every day with the children they serve. Taking a page out of the corporate playbook to build a high performing workforce, we need to understand our staffs' knowledge, capacity, and motives to build a quality afterschool program. This workshop will share how the afterschool field can benefit from the corporate worlds' best practices in developing their workforce.

Presenter: *Tinnycua Williams, Master Trainer, Dignity of Children*

Saturday 2:15 - 3:45 PM

So Your Kids Have Trauma: Now What?

Now that we are aware of the impact of trauma on our learners, what can we do about it? We will discuss specific responses to meet the needs of students, including resilience training, trauma-sensitive strategies, intervention practices, and self-care. This interactive workshop will allow multiple opportunities to reflect on and discuss how these responses relate to your work.

Presenter: *Joseph D. Fantigrossi Ed.D., Pre K-12 Intervention Coordinator, Lyons CSD*

***Preference for the Executive Director
Track sessions will be given to those who pre-registered.**



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NEW YORK STATE
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YOUTH SUCCESS

School's Out, Make it Count!

2019 Annual Conference

Friday, May 10, 2019

Saratoga Springs, NY

Name: _____

Speed Session

9:00-9:30

Session 1

10:15-11:45

Lunch & Learn

12:00-12:30

Session 2

1:15-2:45

Session 3

3:15-4:45

Aspire Event ID: 164401

Empower Youth Success

415 River Street, 2nd Floor
Troy, NY 12180
518-694-0660

www.NetworkForYouthSuccess.org



School's Out, Make it Count!

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Name: _____

Speed Session
9:00-9:30

Session 4
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Lunch & Learn
11:45-12:15

Session 5
12:30-2:00

Session 6
2:15-3:45

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www.NetworkForYouthSuccess.org

The **New York State Network for Youth Success** works to strengthen the capacity and commitment of communities, programs, and professionals to increase access to high-quality programs and services beyond the traditional classroom.

Who We Are

The **New York State Network for Youth Success** is a network of organizations throughout the state dedicated to building a youth-serving system. We work to increase access to high-quality programs and services for all students in need of a safe place to learn beyond the traditional classroom. We offer a **professional membership** and support **fifteen regional networks** to benefit and bring together providers from across the state.

We Work To Advance Policy

To further our work, we make policy recommendations related to federal and state funding, provide testimony in support of those recommendations, issue related policy briefs, track the history of public funding for programs in New York, and keep the media informed of important issues in the field. We focus on building relationships with federal and state legislators, local leaders, education associations and school leaders, business leaders and economic development councils, and early learning associations to ensure our issues have a voice at every table and our priorities are supported by champions from many fields. Contact Alli at Alli@networkforyouthsuccess.org with inquiries.

We Work to Promote Quality

In addition to our **Annual Conference**, we provide the free **Quality Self-Assessment (QSA) Tool**, which is required for state funded grantees and allows programs to informally evaluate themselves and build quality through an ongoing improvement process. We also administer the **School-Age Care (SAC) Credential**, **Afterschool Program Accreditation**, and **high-quality professional development** and **coaching** to afterschool staff and providers across New York State. We currently offer professional development on a variety of topics, including STEM, challenging behaviors, leadership, program management, and much more. To discuss professional development opportunities or to schedule a training, contact Timothy at Timothy@networkforyouthsuccess.org.

School-Age Care Credential

Learn how to meet children's needs, reduce challenging behaviors, network with other afterschool professionals, and gain confidence in your work! The New York State School-Age Care Credential Preparatory Program will help you do all this and help you meet the education requirements to become a SAC Supervisor in New York State. Face-to-face and distance learning options are available. Contact Erin at Erin@networkforyouthsuccess.org with inquiries.

Afterschool Program Accreditation

Program Accreditation is the ultimate indication of program quality! It provides afterschool professionals with performance indicators, benchmarks of quality to guide program planning, implementation, and evaluation. The accreditation process supports a team approach to program improvement and fosters a competent, caring, and qualified staff. Contact Erin at Erin@networkforyouthsuccess.org with inquiries.

Join Our Network

A membership to the Network for Youth Success includes:

- + Discounts to the annual conference
- + Access to upcoming trainings and conferences
- + Monthly funding opportunity updates
- + Weekly newsletters
- + Ambassador level membership to the National AfterSchool Association

Become A Member Today: NetworkForYouthSuccess.org



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