FLASH SALE, Site Spotlight, Nutrition Corner, and More!
October 2018

NEW YORK STATE
NETWORK FOR YOUTH SUCCESS

FLASH SALE
$65.00 for Six Hours of Training...and Lunch!
Rochester Regional Training Institute
Saturday, November 10, 2018
Register HERE before the end of the day!
http://networkforyouthsuccess.org/rochester-regional-training-institute/

Spotlight
Deborah Fitzgerald, Executive Director at Cub Care Children's Center

Deborah Fitzgerald, Executive Director at Cub Care Children's Center, has been working in the afterschool, summer, and expanded learning time field since 1995. Deborah says she was approached by a board member who thought she should apply for the Executive Director position at Cub Care Children's Center due to her fiscal background. Originally, she applied and agreed to stay on for two years, but she soon got hooked. Deborah stated, “As a parent myself, I know what I wanted for my own children and tried to always use that lens in creating our programs.”

Currently, Deborah is working at the Center part-time while being able to work as a professional development specialist and coach for Early Childhood and School-Age programs. Deborah asserts that the Center’s Pre-School and School Age Program Directors have both been with the program almost as long as she has been, so there is a strong foundation. While the program directors manage most of the day to day programming, Deborah still likes to keep her hand in the creative end when planning new content, especially for their summer STEAM Camps. Deborah is also part of the Master Cadre of Trainers and Leadership Coaches for the NYS implementation of the Pyramid Model for the development of social-emotional competencies, strategies that translate well to afterschool, summer, and expanded learning time.

Deborah noted that access to high-quality before school, afterschool, summer, and expanded learning time programs “provide children opportunities to explore their interests, take risks by attempting new things, build their social circle, and expand their exposure to new ideas.” All this in an environment where the only criteria for success is a willingness to be yourself, to be considerate of others and appreciate their attempts. Deborah stated that building empathy, resilience, and a sense of self-worth are the focus rather than the performance of the particular task or activity.
For their community, access to school-age care is limited so Deborah and the Center know that their role is critical to working families. Deborah added that they have many people who work in key community roles, health care, and emergency services, for example, who depend on them to be there to take care of their children even on days when school is closed for bad weather. Deborah and the Center take this commitment to families very seriously and only close when conditions are considered unsafe for everyone.

Recently, they compiled a list of all the community businesses and organizations that would be impacted if their staff did not have access to their program. Just for their one center, there were over 100 different locations that would be impacted. This certainly highlights just how important these centers are.

When asked what her favorite part of her job is, Deborah stated that she still gets really excited when she goes to a workshop, an event, or another community center and learns about something new that she can bring back to do with the children at the Center. She enjoys figuring out what their interests are and what kind of projects they can explore each summer. Deborah added that she does not get to work directly with the children often, but when she does, she loves to hear their stories. Another favorite part of the job for Deborah is at the end of the day when she gets to connect with parents and children together. Often children can't wait to share their latest creation or to tell their families about their day. Deborah says it is usually lots of smiles all around and that "making sure children have positive experiences and have a safe and welcoming place to begin or end their day has been a great way to spend 23 years."

Nutrition Corner

Halloween is a joyous holiday to dress up in costumes and go outside to collect "tricks or treats." But, those treats are loaded with sugar and fat, which are unhealthy to consume. Luckily, this recipe book, provided by the USDA, can offer alternatives for youth! With healthier recipes that are fun to make, this resource offers a way to keep the holiday spirit going while still having nutritious foods!

The Child and Adult Care Food Program (CACFP) ensures each child learns about choosing healthy food choices. To learn how your afterschool program can serve reimbursable nutritious snacks and/or meals, please visit our website for more information: [http://networkforyouthsuccess.org/child-nutrition/](http://networkforyouthsuccess.org/child-nutrition/).

National Survey on SEL in Afterschool

The National AfterSchool Association invites you to participate in an online survey that will help them learn about your experience with and opinions about social-emotional learning (SEL) in your before/afterschool program(s).

This research is being conducted by Interactive Educational Systems Design (IESD), an independent, education-focused research institution, on behalf of developers of SEL resources. This is a great opportunity to contribute to the overall understanding of SEL trends in before/afterschool programs throughout the U.S. that will support the development of valuable SEL resources.

To show appreciation for your help, the National AfterSchool Association will give you the chance to win one of two $400 cash awards - for you or your organization, depending on your organization’s rules and regulations - if you complete the survey by October 30, 2018.

This survey will take about 10 minutes to complete. Click here to take the survey!
Register for the 2018 Rochester Regional Training Institute!
Saturday, November 10, 2018
Radisson Hotel Rochester Airport 175 Jefferson Rd, Rochester, NY 14623

REGISTER NOW!

High-Quality Professional Development

- Six OCFS training hours
- Variety of topics
- Appropriate for supervisors, teachers, and frontline staff working with school-age children
- Networking opportunities
- Buffet lunch

For More Information:
Visit our Regional Institute Webpage

Scholarships
Scholarship funding to participate in this training may be available through the Educational Incentive Program (EIP). For more information or to apply for a scholarship, please visit www.ecetp.pdp.albany.edu. You may also contact EIP at eip@albany.edu or 800-295-9616. If you have received an EIP, please sign it and mail it to the Network along with your registration.

For any questions or to register via check or EIP, please contact Erin@networkforyouthsuccess.org.

Now Accepting Proposals for the 2019 Annual Conference!
Friday, May 10, 2019 to Saturday, May 11, 2018
Saratoga Embassy Suites in Saratoga Springs, NY

This event brings in over 200 afterschool professionals (administrators, executive directors, directors, teachers, and frontline staff) from across the state. We are accepting proposals in the following topics, but are also open to new and innovative ideas. The workshops are either 90 minutes or 30 minutes.

- Diversity and Inclusion
- Social and Emotional Learning
- Science, Technology, Engineering, Art, and Mathematics (STEAM)
- Guiding Children’s Behaviors
- Program Sustainability
- Program Quality Improvement
- Leadership Development for Professionals
- Family Engagement
- Trauma-Informed Care
- Arts
- Self-Care
- Movement

Submit Your Proposal Today!
All submissions are due by October 24, 2018. Selected presenters will be notified by November 30, 2018. Accepted presenters also receive free admission to the conference on the day of their presentation.

Feel free to share this RFP with your colleagues and friends!

The link to the RFP:

More information on the event:
http://networkforyouthsuccess.org/annual-conference/

To register as a participant:
Registration will begin in December!

If you have any questions, please contact Erin@networkforyouthsuccess.org.
How does your afterschool program make a difference in the lives of young people?
Tell Us How!

The Ralph C. Wilson, Jr. Foundation is interested in learning more about afterschool programs in your area to better inform its grant-making. The foundation has asked Grand Valley State University to conduct a survey of afterschool programs to better understand the afterschool landscape and where funding is most needed. Can you help? Taking the survey is easy and will only take about 15 minutes of your time!

What kinds of questions will be asked?

- What geography is served by your program(s)?
- Who are the youth your program(s) reaches?
- What is special and unique about the youth you currently serve?
- When are your programs offered?
- What are the activities and outcomes of your program(s)? What aspects of your work need more support?

How do I Participate?

Please take our survey at bit.ly/AfterschoolProgramSurvey. Your work is important, and we want your afterschool programs to be included!

Questions? Want a copy of the results?

Contact Dr. Aaron Van Oosterhout, Research Manager, at (616) 331-9030 or vanoosaa@gvsu.edu.

Thank you in advance for your help!

Interested in advancing in the school-age field? Need the qualifications to become a Site Director?

EARN YOUR SCHOOL-AGE CREDENTIAL TODAY

Upcoming Events

10/23: Immigrant Students in the College Process Workshop from Options Institute
Undocumented students, permanent residents, refugees, and asylees all face different challenges in applying to, getting in to, and paying for college. Guided by both legal and college access professionals, participants examine strategies and resources to help immigrant students through the college application and financial aid processes. Key topics include identifying and understanding immigration status, adjustment of immigration status, impact of residency status on college admission and financial aid, and counseling undocumented students and students with undocumented parents through the college process. Presented in collaboration with a Legal Aid Society attorney on Tuesday, October 23 from 9-4PM at 352 West 110 Street. Register here.

10/23 and 10/30: Building Your Bounce Professional Development Learning Series
This train-the-trainer live webinar series provides participants with a copy of the Building Your Bounce Professional Development Learning Series that can be used to promote staff wellness in a variety of professional development events including staff meetings and in-service trainings. Join Nefertiti and learn how you can create an overall culture of resilience. To register, click here.

10/24: Foundational Series for Line Staff: Child Abuse Identification and Prevention
Participants in this Partnership for After School Education workshop will learn physical and behavioral indicators of child abuse and maltreatment. Participants will learn when and how a report must be made, actions the reporter is mandated to take, legal protections afforded reporters, and consequences for failing to report. The workshop is from 10am-1pm in NYC. Click here for more information, how to register, and a full list of events.

10/25: Lights On Afterschool, Nationwide
One million Americans will celebrate afterschool programs at 8,000 events nationwide. It’s time for Lights On Afterschool! Registration for the 19th annual nationwide rally for afterschool is open. Thursday, October 25, 2018 is a golden opportunity to make sure parents, policymakers, and communities understand the impact of afterschool programs in keeping kids safe, inspiring them to learn, and giving families peace of mind. The event planning kit has all the tools you need to help generate press coverage, excite the community, and inspire policymakers to invest in afterschool. Register today!

10/25: Town Hall Meeting: Examining the Business Side of Child Care
During this unique training, attorney and child care business expert Tom Copeland, and OCFS regulations expert Mark DeCicco, analyze case studies and highlight regulatory red flags with professionals from the child care community. At your site, you’ll dissect the case studies and discuss your findings with your group. Then all participants around the state will tune in to hear what the experts Mr. Copeland and Mr. DeCicco have to say about the case studies and what you can do to avoid similar risky situations. The webcast is going to be packed with valuable information that will help fulfill the business maintenance responsibilities of your program. You’re not going to want to miss out, so register today! Visit the website www.ecetp.pdp.albany.edu and click “Sign Up for Webcast Training.”

10/25-10/26: 48th Annual Youth Development Training Conference, Tarrytown, NY
The Association of Youth Bureaus and The Coalition for Homeless Youth invite youth professionals to attend their Annual Youth Development Training Conference. The training conference will focus on issues and initiatives supporting positive youth development, runaway and homeless youth, and afterschool programs and services. The conference offers colleagues the opportunity to share best/promising practices, learn skill sets to assist youth in achieving their goals, and hear updates on federal, state, and local issues and initiatives impacting the youth development field. More information can be found here.

10/26-10/28: 2018 NAMI-NYS Educational Conference
The conference will feature national leaders in mental health research, treatment, service delivery and advocacy who will provide attendees with the tools needed to understand how the treatment of psychiatric disorders is moving forward. Key topics disseminated at the conference will include identifying various types of community-based mental health services, the importance of family engagement in recovery, how to communicate the need for treatment to people who refuse treatment or don’t recognize their illness, suicide prevention strategies, how NAMI-NYS can serve as a community partner, as well as explore key advocacy issues such as mental health housing and insurance parity. To register, follow this link.

Located at Borough of Manhattan Community College, this year's theme is "Putting Authenticity into Practice." The centerpiece is hands-on professional development to help educators bring authenticity-focused social emotional learning (SEL) into their classrooms, schools, and communities. The conference also features plenaries, networking events, poster sessions, presentations, and a screening and discussion of the documentary, Won't You Be My Neighbor? New York State educators can receive up to 16 CTLE credits by attending the conference. A limited number of guest registrations is available. Email skrauss@childrensartsguild.org for registration information. You can also find more information by downloading this flyer.

11/1: Foundational Series for Line Staff: Creating Physically Safe Spaces
In this Partnership for After School Education workshop, participants will learn how to spot safety hazards and make appropriate changes to keep youth safe. Participants will also understand safety procedures for indoor and outdoor environments, such as fire drills, evacuations, field trips and travel, and inter-agency communication; and gain a better understanding of effective communication and emergency response systems with program stakeholders, including parents, agency headquarters, and if school-based, designated building administrators. Participants will review School-Age Child Care (SACC) regulations related to safety and understand what their site's safety plan should include. The workshop is from 10am-1pm in NYC. Registration opens on Monday, October 15 at 9:00 am. Click here for more information, how to register, and a full list of events.

11/1 and 11/8: Optimize Your Use of the DECA-C (Clinical)
This live webinar series highlights the DECA-C (Clinical): a standardized, norm-referenced behavior rating scale that evaluates behaviors related to social and emotional resilience and concerns in preschool children ages 2 through 5. It is designed to support early intervention efforts to reduce or eliminate significant emotional and behavioral concerns in preschool children. This webinar will focus on using the DECA-C as part of the DECA Program as well as its use as a stand alone tool. To register click here.

11/6 – 12/18: ACRES of Questions
Try out the ACRES reflective coaching experience with this foundational short workshop series, which includes Purposeful Questions module with two opportunities to reflect on using questions in practice. This series includes one lesson and 2 coaching session and meets 10AM - 12PM on Tuesdays. Use this link for specific dates and to register.

11/7 – 2/20: Developing STEM Practices & Mindset
Increase your skills facilitating opportunities for youth to use the science and engineering practices to develop a STEM mindset. This ACRES series includes 3 modules: Asking Purposeful Questions, Modeling the Science Process, and Modeling the Engineering Design Process. The group will meet for a lesson and coaching session for each module at 10AM - 12PM on Wednesdays from November 7 to February 20, 2019. Use this link for specific dates and to register.
11/8: Foundational Series for Line Staff: Conflict Resolution
This Partnership for After School Education workshop will cover the basics of conflict resolution and effective communication. By exploring the roots of conflict, participants will gain new strategies not only for dealing positively with conflict, but also for helping children and youth manage conflicts. Participants will have the opportunity to practice conflict mediation skills through role-plays and active listening. The workshop is from 10am-1pm in NYC. Click here for more information, how to register, and a full list of events.

11/10: Rochester Training Institute, Rochester
Our Rochester Training Institute is returning and will take place Saturday, November 10th, 2018. Register Now! This includes High-Quality Professional Development; six OCFS training hours; a variety of topics, and is appropriate for supervisors, teachers, and frontline staff working with school-age children, networking opportunities, and a buffet lunch! For more information, please click here!

11/12-11/14: Summer Changes Everything, Missouri
Join hundreds of summer learning and expanded opportunity leaders on November 12-14 in Kansas City, MO for National Summer Learning Association's annual conference devoted entirely to summer learning. What to expect? The nation's top summer time leaders from across the country sharing and discussing effective learning approaches, systems building, program planning, policies, and ways to advocate for our nation's children. More information and registration can be found here!

11/28 - Introduction to Child and Youth Development
In this foundational workshop from PASE, participants will learn about the stages of child and youth development to gain a broader understanding of the needs of children and youth. Participants will also engage in activities that support the healthy development of children and youth and will learn how to plan and integrate activities that support various developmental levels and stages. Registration begins 11/12. Click here for more information and how to register.

1/8 – 4/23: Supporting Youth Development through STEM
Increase your skills using positive youth development practices to engage youth in meaningful STEM learning experiences. This ACRES series includes 3 modules: Developing STEM Identities and Making Career Connections, Giving Youth Voice and Choice, and Exploring Youth Understanding in STEM. The group will meet for a lesson and coaching session for each module at 10 AM - 12 PM on Tuesdays from January 8 to April 23, 2019. Use this link for specific dates and to register.

3/5-3/18: National AfterSchool Association Convention, New York, New York
Join our community for four days of networking, learning, and inspiration. For more information, follow this link.

3/16: Terra Science and Engineering Fair
Whether you want to explore Cassini’s adventures around Saturn, test water quality in a local creek, or design an app to prep for your next exam, the Terra Northeast Regional Science & Engineering Fair (TNRSEF) enables you to ask questions and find answers! Students in grades 6-12 can come to SUNY Geneseo in March to celebrate all s/he has learned and perhaps even earn an award. More information can be found here.

5/10-5/11: Network for Youth Success Annual Conference, Saratoga Springs
Save the Date! Back by popular demand for one more year in Saratoga Springs! Click here for more information!

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