

Nutrition Spotlight, Field Surveys, and Free Resources!

1 message

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Mon, Jun 4, 2018 at 12:53 PM

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CACFP Success Story Addison Youth Center

Addison Youth Center has been involved with the Child and Adult Care Food Program (CACFP) for six years. The center sponsors four different program sites; three programs serve afterschool meals and one serves snacks. Executive Director Emily Hofelich-Bowler describes her decision to enroll as a “no-brainer” saying, “[CACFP] provides nutrition to our sites in a high-poverty area. We need to feed kids. Most of the kids arrive hungry, which doesn’t enable them to learn. Providing healthy food helps the kids to stay active and focused.”



Hofelich-Bowler says buy-in from kids can be essential for a successful program; she explains, “Make sure you ask the students for their input as this program was made for them....Have the kids design the menu and create their own meals. [Our kids] enjoy having breakfast for lunch, so we gave them an opportunity to make omelets and pick healthy ingredients to add to their eggs. It provides a learning experience for them to make healthy food choices. In addition, it’s a bonding experience for students and the program staff.”

She also acknowledges the value of communication with state agency representatives and community partners. “Talk to [the CACFP] nutritionists as the federal and state programs can be challenging to navigate. You want to make sure you are doing CACFP right the first time. Communication is key...don’t be afraid to ask for help.”

Hofelich-Bowler advises all eligible afterschool and child-care providers to participate in CACFP, saying, “It’s a great program with a great opportunity. It allows kids to eat healthy [and] it allows you to feed them at a lower cost as food and expenses increase.”

For more information about CACFP and to access additional resources including webinars, a meal-planning template, and a sample menu, visit: <http://networkforyouthsuccess.org/child-nutrition/> and [AfterschoolMealsNY.org](http://networkforyouthsuccess.org/AfterschoolMealsNY.org).

Field Updates

Assessing Afterschool Nutrition Program Participation Among NYS Schools

Hunger Solutions is conducting a statewide survey of school administrators and school food authorities to assess current participation and potential for growth in afterschool nutrition programs. Please share this **~5 minute survey** with schools, and if you are a school administrator or SFA, take the survey to help inform efforts to increase access to afterschool meals. The survey will be open through **Friday, June 8**.



Regional Afterschool Scan funded Ralph C. Wilson, Jr. Foundation



The Dorothy A. Johnson Center for Philanthropy's Community Research Institute (CRI) at Grand Valley State University is conducting a regional scan of afterschool programs. The survey could benefit children in your area and afterschool programs like yours by providing the Ralph C. Wilson, Jr. Foundation with quality information to guide its grant-making. CRI staff will be calling organizations that run afterschool programs in the **9-county Western New York region**. We encourage you to participate. The survey gives your organization the opportunity to share with the foundation the important work you do, and the impact your programs are making on youth in your community. If you would like to let CRI know a good time to call, please follow this link: <https://bit.ly/2K3CrSb>.

Resource

Harnessing the Power of Explanation- Talking with Schools and Families about STEM

Tanenbaum Center for Interreligious Understanding, a nonprofit based in New York City, is offering their *Religions in My Neighborhood* curriculum for grades K-4 FOR FREE for a limited time!

It's never too early for students to gain comfort with the wide array of religious and cultural differences in the U.S. and to establish a foundation for responsible global citizenship. Tanenbaum's creative and highly regarded K-4 Curriculum, *Religions in My Neighborhood*, helps educators teach about the world's major religious and nonreligious belief systems in a respectful and inclusive manner (all while developing academic skills and meeting Common Core Learning Standards). Thanks to the Sy Syms Foundation, *Religions in My Neighborhood* is available completely free of charge for a limited time! To request your copy, please email education@tanenbaum.org



Upcoming Events

6/5: Foundational Series for Line Staff: Supporting Good Nutrition, New York City

In this Partnership for After School Education workshop, participants will review nutrition principles and discuss current eating behaviors, physical activities, and lifestyle trends that impact children's health. Participants will explore ways to balance food options, make healthy choices with limited resources, and encourage and model healthy behavior to youth and their families. Participants will also learn activities to teach children about healthy eating. This session will emphasize the challenges and opportunities that exist in the summer setting. More information and registration can be found [here](#)!

6/6: Expert Perspectives: Building Social and Emotional Skills in Afterschool, Webinar

In this webinar, which is co-hosted by the Afterschool Alliance and the National AfterSchool Association (NAA), attendees will be diving deep into what the research says around SEL in OST programs with Stephanie Jones, professor of education at the Harvard Graduate School of Education and co-author of three reports, funded by the Wallace Foundation, that discuss the value of SEL in afterschool and identify straightforward, cost-effective strategies for improving SEL in any program. Join the Afterschool Alliance and NAA for a great discussion of how and why afterschool programs around the country are doubling down on the importance of SEL. Register by clicking [here](#).

6/28-6/29: Fostering Equity and Justice for Youth Conference, Maine

Registration is now open for the Fostering Equity and Justice for Youth conference. This event is a two-day professional development conference for anyone working in: education, afterschool, systems of care, juvenile justice and law enforcement. To learn more click [here](#)!

7/1: Breakthrough Junior Challenge Submissions Due

[Breakthrough Junior Challenge](#) is an annual, global competition for students, designed to inspire creative thinking about science. Students, ages 13 to 18, from countries across the globe are invited to create and submit an original video, no more than 3 minutes in length, that brings to life a concept or theory in the life sciences, fundamental physics or mathematics. The submissions are judged on the student's ability to communicate complex scientific ideas in the most engaging, illuminating, and imaginative ways. The student winner receives a \$250,000 college scholarship, their school gets a new \$100,000 state-of-the-art science lab, and their teacher wins \$50,000 teacher prize. Learn more about how to enter [here](#)!

7/12: National Summer Learning Day

[National Summer Learning Day](#) is a national advocacy day aimed at elevating the importance of keeping kids learning, safe, and healthy every summer, ensuring they return to school in the fall ready to succeed in the year. Your participation sends a powerful message across the nation that summers matter and offers an opportunity to showcase how summers can make a life-changing difference in the lives of young people. Find more information as well as some ways to celebrate [here](#)!

7/13: Health Professions Seminar on Adolescent LGBT Healthcare, Hudson/Capital Region

The purpose of the Health Professions Seminar is to provide an educational forum to discuss vital topics of healthcare delivery that are harmful to the LGBT community and their well-being as a whole. It is the intent of the Health Professions Seminars to instill overdue change by increasing the knowledge base of healthcare providers and support staff caring for LGBT patients and to encourage adoption of LGBT culture-friendly practices throughout the healthcare community. The intended audience for this program is physicians, nurses, social workers and all other healthcare professionals (clinical or non-clinical) who provide health-related services to the LGBT patient population as topics will relate to both healthcare services as well as the patient care experience. More information can be found [here](#)!

7/24: PASE @ PACE, New York City

The [2018 PASE@PACE Conference](#) is the only conference of its kind in New York City, inclusive of all staff levels and accessible to organizations with budgets of all sizes. Dozens of workshops offered that are consistent with the engaging and informative professional development you have come to expect from the Partnership for After School Education. Networking opportunities to meet and build relationships with colleagues from across the region. Panel discussions featuring leading practitioners from the afterschool field, sharing their expertise on practice, research, and trends. More information and registration can be found [here](#)!

7/29-7/31: New York STEM Education Collaborative 2018 Conference

STEM educators, save the date for a summer conference! The New York STEM Education Collaborative wants you attend their 2018 conference! This organization unites state teacher associations in science, math, engineering, technology, and related fields in one conference. Come to Alfred, NY July 29th to 31st to connect with educators, businesses, and leaders from around the state who want to improve STEM education! More details can be found [here](#)!

11/10: Rochester Training Institute, Rochester

Save the Date! Our Rochester Training Institute will take place Saturday, November 10th, 2018.

11/12-11/14: Summer Changes Everything,

Join hundreds of summer learning and expanded opportunity leaders on November 12-14 in Kansas City, MO for NSLA's annual conference devoted entirely to summer learning. What to expect? The nation's top out-of-school time leaders from across the country sharing and discussing effective learning approaches, systems building, program planning, policies, and ways to advocate for our nation's children. More information and registration can be found [here](#)!



5/10-5/11: Network for Youth Success Annual Conference, Saratoga Spring

Save the Date! Back by popular demand for one more year in Saratoga Springs! Stay tuned for more information!

[Remove my name from all future email correspondence](#)

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