Training, Nutrition, Recruitment, and More!

Upcoming North Country Training Institute

North Country Providers—join us on Saturday, May 19th from 9:30 AM - 4:30 PM at the Crowne Plaza Lake Placid for a day of learning! Topics at the North Country Training Institute will include art activities, engineering design, regulations, and using questions to promote learning.

Throughout the day’s four 90-minute sessions, frontline staff can earn six training hours on four afterschool topics for $99 per person (lunch included)! This will be a practical, hands-on day of learning focused on school-age settings (K-8th). This day of training has been approved for EIP.

Register Online Now* or visit our website for more details.

Nutrition Corner

CACFP Success Story: Police Athletic League (PAL), New York, New York

New York City’s Police Athletic League (PAL) serves healthy meals and snacks to kids and teens in more than a dozen afterschool and childcare programs throughout the city. PAL is a non-profit organization that works closely with New York City Police Department and the law enforcement community to support and inspire youth to realize their full potential. The Child and Adult Care Food Program (CACFP) plays an integral role in the success of their programs; Site Director Madeline Esquivel explains, “[CACFP] helps the kids stay focused, improves mood and behavior, and in addition, it benefits their growth and development.”

PAL works with the food vendor Two Steps Down to procure nutritious meals for their programs. Once the food is delivered, PAL staff ensure it is stored and served properly and manage
attendance, meal counts, and other administrative tasks required for CACFP. The program uses cycle menus to plan their meal service, modifying the menus seasonally with an eye toward variety. Esquivel appreciates the opportunity to support healthy eating habits and encourage kids to try new foods. She advises, “Make sure the kids are exposed to the food on a constant basis for them to see, taste, and feel until they are comfortable eating it, offer options, and have patience for the picky eaters.”

PAL also participates in the Summer Food Service Program (SFSP) to nourish kids year-round. Manager of Food Services Angela Guarino encourages other organizations to learn more about these programs and to consider participating in both. “[Sponsoring CACFP and SFSP] has been very beneficial for our programs and allows us to provide nutritious foods to participants in the community.”

To learn more about CACFP and summer meals, visit AfterschoolMealsNY.org and SummerMealsNY.org.

Resource
Summer Learning Program Recruitment Best Practices

Many public school districts are seeking to expand or launch summer learning programs, especially for children from low-income families. Voluntary summer learning programs that offer a mix of academics and fun enrichment activities can help address the achievement gap, potentially helping the most vulnerable students achieve better academic and social-emotional outcomes. The challenge facing many district programs is the competition with many other programs and activities in the community vying for the attention of parents and students.

Join the National Summer Learning Association and the Afterschool Alliance on May 10 at 1:00 PM for a webinar featuring The Wallace Foundation’s newly released “Summer Learning Recruitment Guide.” This guide is based on the experiences of five large urban school districts and their community partners that recruited thousands of children for voluntary summer learning programs. Speakers, including representatives from one of the participating districts, the Rochester City School District, will join the conversation and walk attendees through the eight key steps to successful summer learning recruitment.

Speakers:
Leslie Gabay-Swanston, Director of Program and Systems Building, National Summer Learning Association
Rachel Gwaltney, Director of Policy and Partnerships, National Summer Learning Association
Nikki Yamashiro, Director of Research, Afterschool Alliance
Michele Alberti, Executive Director of School Innovation, Rochester City School District
Kelly Bauman, Director of Expanded Learning, Rochester City School District
Upcoming Events

***North Country Training Institute Registration Is Open!***
The North Country Training Institute will cover topics relevant to school-age providers in afterschool, summer, and expanded learning programs. This day-long event in Lake Placid features four 90-minute sessions (a total of 6 hours of training). Register Online Now* or visit our website for more details!

5/8: What's Great in Our State, Capital Region
This free event at the NYS Museum honors individuals and programs that are successfully addressing the issues of children's mental health, including work on early identification, outreach, family education, providing mental health awareness in schools and successful intervention on behalf of children and their families. There will also be a presentation of proclamation from Governor Andrew M. Cuomo declaring the week of May 3rd Children's Mental Health Awareness Week in New York State. More information and registration can be found here.

5/9: #ThisIsAfterschool Day of Sharing
As a way of kicking off a celebration of STEM in afterschool & summer learning programs throughout the month of May, Afterschool Alliance is asking afterschool programs and partners to share photos of their afterschool story. While they want to hear from all programs, they're especially excited to hear about how afterschool is providing your communities with meaningful STEM opportunities! You can share your post on Facebook, Twitter, or Instagram, just be sure to use the hashtag #ThisIsAfterschool.

5/10: SciGirls Connect, Capital Region
Join Jenn Baumstein, SciGirls Connect Trainer, and Director of Community Engagement for WMHT Public Media, for a FREE SciGirls Training. Learn about the myriad of ways in which SciGirls can be used in your program to encourage STEM-based learning for all students, not just girls! Explore the SciGirls Seven, and practice some of the activities created by the SciGirls team. Follow this link to register!

5/15: Operating an Afterschool Program: Liability and Regulatory Issues, NYC
The Lawyers Alliance for New York is holding a training on May 15 from 9:30-11:30 in New York City. This workshop will discuss liability for negligence, proper classification of employees, independent contractors, and volunteers, and regulatory requirements in the areas of facilities, staffing requirements, background screening, and child abuse reporting. In addition, this workshop will provide guidance for directors of afterschool programs to ensure compliance with applicable laws and regulations and decrease liability exposure. Participants will be able to identify and mitigate common legal risks associated with the operation of an afterschool program and understand New York State regulatory requirements for school age child care programs. Click here for more information and to register.

5/19: North Country Training Institute, North Country
The North Country Training Institute will cover topics relevant to school-age providers in afterschool, summer, and expanded learning programs. This day-long event features four 90-minute sessions (a total of 6 hours of training). Register Online Now* or visit our website for more details!

5/26: CRELO Final Director's Meeting, Capital Region
Our fifth and final Director's Meeting of the school year will include a 1/2 hour of networking opportunities and a chance to share resources. This will be followed by a discussion on family engagement! Registration can be found here!

5/30: Schenectady Youth Summit, Capital Region
The Schenectady Youth Summit is scheduled for Wednesday, May 30th at Proctors. They have renewed their effort to listen to—and to use the voice and perspective of youth—to inform and inspire our work to advance their development and well-being. The Summit will bring together 300 youth and caring adults from Schenectady County in World Café style conversation and problem-solving. The day kicks off in Proctors GE Theatre at 9 am. Please watch for details and online registration soon!
7/1: Breakthrough Junior Challenge Submissions Due

Breakthrough Junior Challenge is an annual, global competition for students, designed to inspire creative thinking about science. Students, ages 13 to 18, from countries across the globe are invited to create and submit an original video, no more than 3 minutes in length, that brings to life a concept or theory in the life sciences, fundamental physics or mathematics. The submissions are judged on the student’s ability to communicate complex scientific ideas in the most engaging, illuminating, and imaginative ways. The student winner receives a $250,000 college scholarship, their school gets a new $100,000 state-of-the-art science lab, and their teacher wins $50,000 teacher prize. Learn more about how to enter here!

7/12: National Summer Learning Day

National Summer Learning Day is a national advocacy day aimed at elevating the importance of keeping kids learning, safe and healthy every summer, ensuring they return to school in the fall ready to succeed in the year. Your participation sends a powerful message across the nation that summers matter and offers an opportunity to showcase how summers can make a life-changing difference in the lives of young people. Find more information as well as some way to celebrate here!

7/24: PASE @ PACE, New York City

The 2018 PASE@PACE Conference is the only conference of its kind in New York City, inclusive of all staff levels and accessible to organizations with budgets of all sizes. Dozens of workshops offered that are consistent with the engaging and informative professional development you have come to expect from PASE. Networking opportunities to meet and build relationships with colleagues from across the region. Panel discussions featuring leading practitioners from the afterschool field, sharing their expertise on practice, research, and trends. More information and registration can be found here!

7/29-7/31: New York STEM Education Collaborative 2018 Conference

STEM educators, save the date for a summer conference! The New York STEM Education Collaborative wants you attend their 2018 conference! This organization unites state teacher associations in science, math, engineering, technology, and related fields in one conference. Come to Alfred, NY July 29th to 31st to connect with educators, businesses, and leaders from around the state who want to improve STEM education! More details can be found here!

11/10: Rochester Training Institute, Rochester

Save the Date! Our Rochester Training Institute will take place Saturday, November 10th, 2018.

11/12-11/14: Summer Changes Everything,

Join hundreds of summer learning and out-of-school time leaders on November 12-14 in Kansas City, MO for NSLA's annual conference devoted entirely to summer learning. What to expect? The nation's top out-of-school time leaders from across the country sharing and discussing effective learning approaches, systems building, program planning, policies, and ways to advocate for our nation's children. More information and registration can be found here!

5/10-5/11: Network for Youth Success Annual Conference, Saratoga Spring

Save the Date! Back by popular demand for one more year in Saratoga Springs! Stay tuned for more information!