

Empowering Youth Success

Rochester Regional Training Institute

November 4, 2017

Registration

8:00 – 9:00 AM

Session 1

9:00 – 10:30 AM

Session 2

10:45 – 12:15 PM

Lunch

12:15 – 1:15 PM

Session 3

1:15 – 2:45 PM

Session 4

3:00 – 4:30 PM



NEW YORK STATE
**NETWORK FOR
YOUTH SUCCESS**

Make the Cafeteria Cool

Location: Salon B

Topic: Program Quality Development
Age / Staff: E, M, H / FL, S
OCFS Areas: 3, 4

Learn ways you can transform a school cafeteria into a warm, interesting, and inviting space for your afterschool program. Use the space as an additional teacher to meet children's needs and promote positive behavior. Learn how you can get past the 'school-won't-let-us-do-it' and the "it's too much work" excuses to make your cafeteria a joyful space for children and staff alike.

Presenter: *Sally Crosiar, Educational Consultant, Healthy People Learn, New York State Network for Youth Success*

Games, Games, and More Games!

Location: Salon C

Topic: STEM
Age / Staff: E, M, H / FL
OCFS Areas: 1, 3

Experience group games that help youth get to know each other, stay focused, and become a functioning team! This workshop is all games and activities. A handout will be provided so participants can bring the action back to their programs.

Presenter: *Timothy Fowler, Professional Development Director, New York State Network for Youth Success*

NYS OCFS Regulations

Location: Salon D

Topic: Program Quality Improvement
Age / Staff: E, M / FL, S
OCFS Area: 3

Are you familiar with the changes to the New York State School Age Child Care Regulations? Would you like a refresher on the regulations? In this session you will become familiar with both new and old regulations, required forms, documents, and regulations regarding child abuse.

Presenter: *Tamika Johnson, Director of FDC and School-Age Inspections Child Care Council Inc.*

Engaging Families

Location: Directors Room

Topic: Community and Family Relationships
Age / Staff: E, M / S
OCFS Area:

Engaging families in our school communities is a challenge and one that we can meet. It is important to know two specific things: 1. What does the family need? 2. What does the school need? If we want to engage families in our school communities, we must include them in the conversation during the development of the school from year to year. Too often, we expect parents to simply show up to pre-scheduled events (conferences, plays, shows, dinners, graduation). In this workshop, we will give you the tools that you need to effectively include families in the planning of all school events and begin a relationship that involves reciprocity and engagement.

Presenters: *Eric LeRoy, Community Schools Site Coordinator, Rochester City School District
 Luis Zarate, Community Schools Site Coordinator, The Center for Youth*

Safety and Supervision

Location: Salon B

Topic: Safety
Age / Staff: E, M / S, D
OCFS Area: 7

Most accidents in school-age care can be avoided. Learn how to set up your environment and how to supervise activities to minimize potential safety issues.

Presenter: *Timothy Fowler, Professional Development Director, New York State Network for Youth Success*

Food, Fun, Fitness

Location: Salon C

Topic: Program Quality Improvement
Age / Staff: E, H / FL, S
OCFS Area: 1

Learn how you can 'up your influence' and support children's habit development in healthy eating and active living by using the Choose Health curriculum. Choose Health addresses the six behaviors research indicates are most important to prevent childhood obesity and was specifically designed for afterschool settings. Learn how you can get the curriculum free so you can pair brief hands-on nutritional teaching with food prep and active play to help all kids develop positive associations with healthy eating and active living.

Presenter: *Sally Crosiar, Educational Consultant, Healthy People Learn, New York State Network for Youth Success*

Setting the Standard in Program Quality

Location: Salon D

Topic: Program Quality Improvement
Age / Staff: FL, S
OCFS Areas: 3, 5, 6

Want to learn how to best provide for the children in your care? In this workshop we will review best practices and ways to keep children safe while providing a nurturing and engaging atmosphere. Participants, at all levels of staffing, will leave with a list of things they can do to set the standard in their programs.

Presenters: *Aaron Coleman, Director, Boys & Girls Clubs of Buffalo
 Gabriella Moore-Walker, Assistant Director, Boys & Girls Clubs of Buffalo*

Trauma Informed Programs

Location: Director's Room

Topic: Guiding Children's Behaviors
Age / Staff: E, M / FL, S
OCFS Area: 1

Trauma Informed is a phrase that is becoming more and more common. How do we move beyond awareness and integrate Trauma Informed principles into our programming for young people? What does Trauma Informed mean for our interactions with families? What implications would an alignment with Trauma Informed perspective bring to our working relationships with staff? A working definition of trauma will be created. The impacts of trauma on development, behavior, and learning will be explored. The implications of that knowledge will be discussed and participants will leave with personal or organizational action steps.

Presenter: *Jay Roscup, Consortium Schools Grants Administrator, Eastern Wayne County Schools*

Instructor Accountability

Location: Salon B

Topics: Guiding Children's Behaviors
Age / Staff: E, M / FL, S
OCFS Area: 3

This presentation will focus on aspects of staff accountability for program improvement, not individual inadequacy. Cooperation is essential for deliberate learning. Educators play a pivotal role in developing compliant students through their actions, attitudes and answers to demonstrated behaviors. Try a few techniques to raise accountability for all (student, staff and supervisor). Participants will learn how to increase student cooperation through simple steps that can be easily implemented by new and/or seasoned staff.

Presenter: Amy Huff, After School Coordinator,
Native American Community Services

It's a Rap for Good

Location: Salon C

Topics: Environment and Curriculum
Age / Staff: E, M, H / FL, S
OCFS Areas: 1,3

One of the most popular requests from educators are tools not only to understand hip hop, but how it can be introduced and utilized in a positive way to young people. The purpose of this workshop is to help our teachers get a better understanding of hip hop music's important voice in education and to identify the positive artists, producers, and sounds. In this session, you will be introduced to writing techniques, culture building activities, and access to an array of artists, playlists, and songs that support a "classroom friendly learning environment."

Presenters: Kenrick Wagner, Founder/Trainer, Project Gametime
DJ Fame, Director Sound, Project, Gametime

Self Care for Supervisors

Location: Salon D

Topics: Program Sustainability
Age / Staff: E, M, H / S
OCFS Area: 5

Maintaining work-life balance can be difficult when you are responsible for other people at work. In this workshop, we will explore techniques to manage your workload, stay focused, and be fully focused.

Presenter: Timothy Fowler, Professional Development Director,
New York State Network for Youth Success

Strengthening Connections between Community Schools and Afterschool Programs

Location: Directors Room

Topics: Family Engagement
Age / Staff: FL, S
OCFS Areas: 1,2,3,4

In this workshop, participants will gain a greater understanding of what a community school is as well as the principles and practices that guide the work. Participants will explore how community schools can use an integrated learning approach to align school day and non-school supports to meet the needs of the whole child. Key to this approach is having strong linkages between school and non-school programs and services. Participants will walk away with strategies for how to strengthen integrated learning within their own community school.

Presenters: Lissette Gomez, Director of Special Projects,
Children's Aid National Center for Community Schools
Lukas Weinstein, Director of Regional Initiatives,
Children's Aid National Center for Community Schools

The Brain Architecture Game

Location: Salon B

Topics: STEM / Guiding Children's Behaviors
Age / Staff: E / FL, S
OCFS Areas: 1, 2

The Brain Architecture Game examines the influence of childhood experiences on early brain development. Do you have a stable caretaker? Is your parent battling addiction? How do those circumstances impact your brain's physical structure? Come play and learn!

Presenter: Carla Stough Huffman, Coordinator of Professional Development and OST Youth Program Quality,
Greater Rochester After School Alliance

Team Building with Youth

Location: Salon C

Topics: Social & Emotional Learning
Age / Staff: E, M, H / FL
OCFS Areas: 1,3

Build social skills while having fun! This workshop will explore how team building happens, and how experiential activities can teach communication and leadership. How to facilitate activities will also be introduced.

Presenter: Timothy Fowler, Professional Development Director,
New York State Network for Youth Success

SEL: What Is It and How Do I Implement It?

Location: Salon D

Topic: Social & Emotional Learning
Age / Staff: E, M, H / FL, S, D
OCFS Areas: 1

Social and emotional learning is not just a fad in education - these key life skills are here to stay. Learn about the five social emotional competencies (self-management, self-awareness, social awareness, healthy relationships, and responsible decision making), how to foster these competencies in your participants, how developing these competencies can make your program more productive, and how to make sure you are personally ready to implement.

Presenters: Caitlin Orbanek, Project Coordinator, Social and Emotional Learning Center at Children's Institute
Elizabeth Devaney, Director, Social and Emotional Learning Center at The Children's Institute

Understanding Others

Location: Director's Room

Topic: Leadership Development for Professionals
Age / Staff: FL, S
OCFS Areas:

It's been said that, a person's perception is reality; but that's not always true. In this interactive session, attendees will have fun learning about personality types, working with others, and building bonds. Participants will have the opportunity to role play through scenarios to see how we perceive others and how to look for critical information in a situation for positive outcomes. Participants will also evaluate the "messages" media sends to our students and us during our developmental years.

Presenter: JoAnna Rozier-Johnson,
Director of Youth Services / Founder of JoRo Organizing,
Community Action Organization of WNY/ JoRo Organizing

The New York State Network for Youth Success works to strengthen the capacity and commitment of communities, programs, and professionals to increase access to high-quality programs and services beyond the traditional classroom.

Who We Are

The New York State Network for Youth Success is a network of organizations throughout the state dedicated to building a youth-serving system that increases access to high-quality programs and services for all students in need of a safe place to learn beyond the traditional classroom. We offer a **professional membership** and support **thirteen regional networks** to benefit and bring together providers from across the state.

Be a Part of Something Bigger

Help us build a community that EMPOWERS YOUTH SUCCESS. Your membership not only allows you to join hundreds of other professionals in the only statewide out-of-school time membership organization, but provides you with many other resources. Members receive our monthly e-news letter with information on best practice, current trends, and timely information on policy and regulations impacting out-of-school time. Information on grant funding, discounts on our annual conference, complimentary webinars and an opportunity to support your regional network are also included. Organizational memberships are now available and include free technical assistance, marketing opportunities, and discounts on accreditation. For more information or to join our community, go to: <http://networkforyouthsuccess.org/membership/>

School-Age Care Credential

Learn how to meet children’s needs, reduce challenging behaviors, network with other afterschool professionals, and gain confidence in your work! The New York State School-Age Care Credential Preparatory Program will help you do all this and help you meet the education requirements to become a SAC Supervisor in New York State. Face-to-face and distance learning options are available. Contact Erin at Erin@networkforyouthsuccess.org with inquiries.

Afterschool Program Accreditation

Program accreditation is the ultimate indication of program quality! It provides afterschool professionals with performance indicators, benchmarks of quality to guide program planning, implementation, and evaluation. The accreditation process supports a team approach to program improvement and fosters a competent, caring, and qualified staff. Contact Erin at Erin@networkforyouthsuccess.org with inquiries.

OCFS Topic Areas

- 1 Principles of childhood development
- 2 Nutrition and health needs of children
- 3 Child day care program development
- 4 Safety and security procedures
- 5 Business record maintenance and management
- 6 Child abuse and maltreatment identification and prevention
- 7 Statutes and regulations pertaining to child day care
- 8 Statutes and regulations pertaining to child abuse and maltreatment

Age Group

- E Elementary School
- M Middle School
- H High School
- A Staff

Staff Level

- FL Front Line
- S Supervisor
- D Director/
Executive Director